

CKFR WEEKLY

CENTRAL KITSAP FIRE & RESCUE



Don't Hesitate to Call 911 in a Medical Emergency

Emergency Medical Service (EMS) responders are on medicine's "front line" 24-hours a day, seven days a week. During an emergency, they bring you immediate, life-saving care. The combination of sophisticated care delivery and immediate treatment can make a huge difference in how you recover.

During normal times, being an EMS responder ranks among the most dangerous jobs in the United States. EMTs (Emergency Medical Technician) and Paramedics are exposed to dangerous situations and illnesses every day. These are not normal times. EMS responders are now on the front lines of the COVID-19 pandemic.

Despite the COVID-19 outbreak, responders continue to deliver emergency care. There are reports that some people with medical emergencies are not calling 911 when they need it, or those seeking help are significantly sicker because they are waiting longer to call 911, especially those experiencing cardiac events or strokes because they are worried about getting exposed to COVID-19 in an ambulance or hospital.

Ambulances were previously disinfected after each patient, and now they are getting even more decontamination. CKFR responders are diligent when it comes to cleaning and disinfecting! Ambulances are mopped and all surfaces and equipment are wiped down with disinfectant. We are strict with PPE usage for your protection and ours. Gloves, eyewear and N95 masks are the minimum we wear on every medical incident. A gown and full face shield are optional depending on the dispatch details.

If you have a medical emergency, call 911. Our emergency medical responders are doing everything we can to make it safe for you. There is no need to be concerned about calling for help when you need it. Please don't hesitate!



We honor the memory of service members who gave their life, and also remember their families who have sacrificed so much to protect the freedom we enjoy.

May 25, 2020

THANK YOU!

MAY EVENTS

- 5/25 MEMORIAL DAY
OFFICE CLOSED
- 5/26 BOC MEETING
CANCELLED





Residential Structural Fire

At 1:51 PM on May 20th, CKFR responded to a call for a structure fire in the 11000 block of Schold Road. The structure, a two story residence, was fully involved upon arrival. While combating the fire, crews discovered human remains inside the residence.

The fire was extinguished and the County Fire Marshal and Kitsap County Sheriff's Office Detectives are conducting an investigation. - PIO LiMarzi

Never-Ending Training



Station 51, A-Shift got busy on Monday morning to train Probationary FF/PM Bizelli.

It doesn't take long to lay a bunch of fire hose on the ground!



Everyday is a training day... especially when you're on probation.

C-Shift Probationary FF/PM Z. Smith extinguishing a simulated vehicle fire.





C-Shift Rescue 64 crew of Lt. Brown and AO Stack spent time training on the Arizona Vortex Tripod which is used for a high point anchor so they could rappell off the tower.

Could AO Stack's smile be any bigger?

A little rain doesn't stop Station 51-A from training!



M51 and E51: PFF Bizelli, FF/PM Graham, Lt. Tollefson, FF Bitterman



L51: AO Whitish and Capt. Sullivan.



FF Monroe . . . all smiles as he has a shift on Ladder 51!

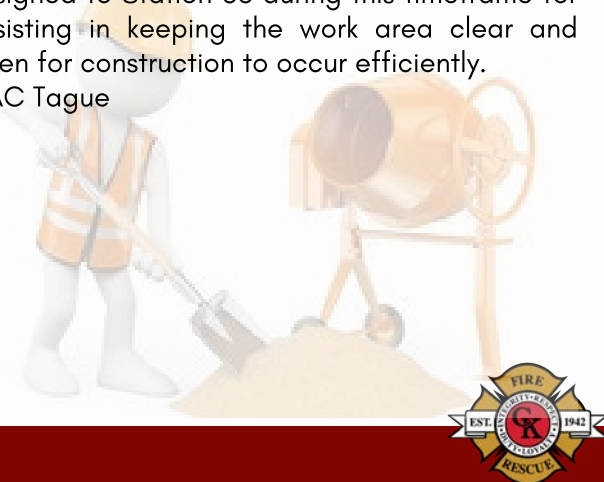


Station 56 Curb Project

This week, Station 56 parking lot(s) received new perimeter curbing. The old curbing had deteriorated to the point of complete breakdown in many areas and was structurally and aesthetically deficient. This work was performed by Agate Asphalt out of Poulsbo, they did a terrific job!

Thanks to our Lead Facility Technician, Alex Olson, for coordinating this project and seeing it through to completion, and to the crews assigned to Station 56 during this timeframe for assisting in keeping the work area clear and open for construction to occur efficiently.

- AC Tague



CKFR Pride!

This past week, B-Shift responded to a working fire. Unfortunately, this fire had a fatality and our responders handled it with professionalism and poise.

After the incident, I stopped by Station 51 to complete my report and on my way out, I saw this...



I instantly had a smile on my face and my heart and soul filled with pride. Moments after returning to the station, someone(s) cleaned and repainted this tool. I don't know who was working on it, but I just want to say how proud I am to be a part of this organization.

Seeing this level of pride and professionalism is another reminder that our members are the finest around. Thank you for taking pride in your work and our equipment. Once again, a job well done!! - Chief Danskin



Delta Dental of Washington



Dental Visit COVID 19 Update

As of May 18, 2020, Washington State dental offices have been allowed to resume regular appointments. Be sure to check with your local dentist as they are the most reliable source of information regarding their office re-opening and hours of operation.

Administrative Staff "New Normal" June 1, 2020

[LINK: RETURN TO NORMAL OPERATIONS](#)



RETURNING TO THE OFFICE

Helpful tips for your in-office return



WELCOME BACK

Please know that your supervisors, the Fire Chief and the Board of Commissioners are all genuinely happy to have you back in person!



TAKE BREAKS

Give yourself time during your work day to refocus. It's important that you take a couple of mental breaks throughout the day.



COMMUNICATE

Engage with your peers as you return, they are a great resource to help with this transition.



USE YOUR RESOURCES

As with the transition to telecommuting, the transition back in office can feel uncertain. If you're feeling overwhelmed reach out to HR or use the EAP for help.



TAKE PRECAUTIONS

Practice good personal hygiene, social distancing and general cleanliness. It's important we all help each other stay safe and healthy.



STAY FLEXIBLE

The same flexibility that allowed you to find ways to complete your work at home will be needed as you navigate your return to the office.

