



# CKFR WEEKLY

CENTRAL KITSAP FIRE & RESCUE

MAY 8, 2020



## PROBATION COMPLETED!

Congratulations to A-shift FF/PM Jesse Graham on completion of probation.

As is our CKFR tradition, new firefighters wear a green helmet shield during their intense year of training and evaluation. Once completed, we present them with their black firefighter helmet shield to signify their new status.

Pictured above: Station 41A crew, wife - Amanda, and Deputy Chief Sorenson.

### MAY EVENTS

- 5/10 MOTHER'S DAY
- 5/11 BOC MEETING  
ELECTRONIC MEETING 4:00 PM  
[LINK: ELECTRONIC INSTRUCTIONS](#)
- 5/16 ARMED FORCES DAY
- 5/25 MEMORIAL DAY  
OFFICE CLOSED
- 5/26 BOC MEETING  
ADMIN BUILDING 4:00 PM

Federal Healthcare Resilience Task Force  
Managing Patient and Family Distress Associated with COVID-19 in the Prehospital Care Setting: Tips for Emergency Medical Services Personnel  
More information at: [Managing Patient](#)

### Non-Uniformed Administration Personnel

## RETURN TO REGULAR SCHEDULES

EXTENDED PHASE 2

Link: [Memo](#)





# AT THE STATIONS



A-shift PFF/PM Bizelli works on Ground Ladders at Station 51.



Ladder Captain Sullivan, is standing by with the roof ladder, ready to deploy!



Station 51 A-Shift held a CPR/rescue simulation on Wednesday that involved “a construction worker (CPR mannequin) that collapsed while working on the roof.”

Crews had to ladder the building, carry medical equipment to the roof and start CPR.



Once a pulse was regained, the crews moved to “rescue mode” and worked with the Ladder 51 team to lift the patient via Stokes basket down to the ground.





C-Shift Probationary FF Zach Smith completed his 1st BC Quarterly at Station 56. Drill consisted of drill ground, equipment, navigation and office components.

*Well done Mr. Smith!*



C-Shift crews from Station 64 and 51 conducted rope rescue drill simulating retrieving a victim from a well or other below surface hazard.



# ALMOST COMPLETE



Our new tender is getting close to completion at the Pierce plant in Florida. Because of quarantine challenges, our final inspection will take place after delivery to Tacoma.

# SOUTH SOUND ACADEMY

Volunteer members, Joseph Nededog and DeVonte Short, continue to attend the South Sound Fire Academy. Due to the number of recruits, they are able to maintain social distancing in the classroom.



Joseph and DeVonte are doing very well at the academy and are two of the top performers. They've completed their HazMat training in April, passed the HazMat practical test, and are awaiting written test results. This week they will be doing Vehicle Extrication.



Their last day at the academy will be May 12, 2020. The graduation ceremony scheduled for May 16th, will have to be postponed due to the state restrictions on gatherings. Tentatively, July 18, 2020.

# RIG CHECKS AND RESILIENCY

BY LT DAVISON

The other day, I was pulling a cross-shift rover shift on an engine. It was a great opportunity for me to work with two of our senior Paramedics. Being a Sunday, it was medic inventory day; I spent the entire morning with the crew in the back of the rig meticulously going through the entire inventory, ensuring the quantities and expiration dates of all equipment and supplies was correct. After being on admin duty for two years and then spending the 1st quarter of this year recuperating from an injury, this was a great opportunity to really brush up on changes in our equipment and inventory and getting to know exactly where and how much of everything there is on the unit. It's amazing how much stuff had changed in just the short time I was in Training. We broke for lunch with about 30 minutes of stuff left to do.

Right after lunch we got dispatched to a critical call. Significant trauma, it was a "bad kid call". I was very proud of the professionalism and dedication demonstrated by the senior paramedics and by my acting A/O who moved over to the Medic for extra manpower. After airlift was off the ground I reflected on the call and one fact gave me some semblance of solace: when I was in the back of the unit and was being asked to get supplies or equipment for the medics who were hands-on, I absolutely knew exactly what drawer to open and where to find the items. It seems like a small thing, and perhaps insignificant - but I see it different.

Having done a thorough and high quality rig checks set me and the crew up for success. We had just gone through the pediatric airway kit, the trauma kit, all of the medications, everything. We absolutely knew the status of every item and supply. We had identified and addressed issues with the inventory that could have left us not able to effectively and efficiently provide the high level of critical care needed. Our preparation made us as truly ready for this call.

This brings me to resiliency and our emotional response following these difficult incidents. My emotional wellbeing and ability to be resilient would have been negatively impacted if I knew that my lack of preparation and my lack of a thorough apparatus readiness check had been a factor in not being able to provide a timely, high quality care. In my 25 years I've been on calls that didn't go well with one of the negative factors being my mediocre [JS1] rig check. Those are calls that have haunted me.

This call will not haunt me. We did everything we could have and I supported my crew in doing the right things to be ready; we were and we performed well.

Here's a speech given by Admiral William McRaven (his famous ["If You Want to Change the World, Start Off by Making Your Bed"](#) speech). We make our bed when we do our rig checks and the "other" little things that ensure we are ready for that next call.

