

# CKFR WEEKLY

CENTRAL KITSAP FIRE & RESCUE

MAY 1, 2020



## FACILITIES BOND REQUEST POSTPONED

I want to continue to reassure you that we're ready to respond. We are here if you or a family member need us in any emergency. That is possible because of your support for Central Kitsap Fire & Rescue, and we thank you.

You may have heard by now that our Board of Fire Commissioners decided to postpone its facilities bond to replace and renovate fire stations in our community. We recognize that there is economic uncertainty for many, and all our energy right now is going to support our community and first responders during the COVID-19 pandemic.

These station projects are still needed. The pandemic has shown that we lack adequate facilities that are resilient to diseases for the safety of our community and firefighters. For example, all of the station projects would improve decontamination areas for personnel that respond to not only fires, but also medical emergencies, like now.

Another benefit is that these station projects are "shovel ready." Once funding is approved by voters, these construction projects will create jobs and stimulate the local economy. This will be an opportunity to put people back to work and dollars into our community.

Timing for the bond election is still planned for 2020. We retired a former bond for apparatus, and a Maintenance and Operations Levy has expired. As a result, property owners would see a net decrease in what they paid in taxes to the District in 2019 by the time the new bond is collected in 2021.

If the economic outlook improves this summer, the Board of Fire Commissioners will consider the November General Election. More information on the facilities bond proposal can be found on the District's website at [www.ckfr.org](http://www.ckfr.org). In the meantime, be safe, and please stay at home. If you must go out, please wear a simple face covering to prevent spreading the virus. Thank you.

Chief Oliver



# T-REXES, UNICORNS, AND SIGNS OH MY!


Citizens showing appreciation and support at our Silverdale Community Fire Station (Station 51) and Lake Tahuyeh Community Fire Station. Pictured: AO Oliver and PM Stanley



**MAY EVENTS**

5/5	CINCO DE MAYO
5/10	MOTHER'S DAY
5/11	BOC MEETING ADMIN BUILDING 4:00 PM
5/16	ARMED FORCES DAY
5/25	MEMORIAL DAY OFFICE CLOSED
5/26	BOC MEETING ADMIN BUILDING 4:00 PM

---



## **CENTRAL KITSAP**

**FIRE & RESCUE**

**Board of Commissioners Study Session**  
 April 27, 2020 – 4:00 PM – Electronic Meeting  
[Link: BOC Meeting](#)

---


Meet our new partner

TAHPI

Tactical Athlete Health & Performance Institute


Link: [TAHPI Rollout Webinar](#).

Please contact AC Christian with any questions.



TACTICAL ATHLETE  
Health & Performance Institute

---



LINK: TUITION DISCOUNT

Take Advantage of Your Learning Partner

### Tuition Discount

LINK: COLUMBIA SOUTHERN UNIVERSITY





# TRAINING

A-Shift FF Stanley II continues to work on his Ladder Operator qualifications.



Capt. Sullivan and AO Whitish to the roof!



45 C-Shift reviewing Rescue 42 struts.



B-Shift and C-Shift Rescue Swimmers took part in training at Wildcat Lake. The training scenario simulated rescuing two occupants in a submerged vehicle.

B-Shift participants were FF Pierson, PM Morgan, AO Tesch, AO Ebert, and FF Rye.

C-Shift participants were AO Stack, LT Brown, and PM Lofgreen.

Special thanks to the Department of Fish & Wildlife and Kitsap County Parks for allowing us access to the Wildcat Lake boat launch.







A-Shift Station 41 probationary firefighters Patterson and DeSalvo participated in a surprise BC Platz hydrant and hose evolution. Traffic cones and buckets make good targets to practice nozzle handling techniques.



FF/PM Graham has completed his last shift on probation.

*Congratulations, Jesse!*

## STOICISM AND THE ART OF FIGHTING FIRE

By Lt. Brown

This is a very good article on the value and virtue of stoicism. Not only in the fire service (even though it is written from that perspective), but in general life practices. At its core, it is about using principles of stoicism to develop and maintain a resilient mindset. Particularly when dealing with challenges that are overwhelming- but only offer a person small avenues of control.

Being resilient is critically important during the current COVID-19 pandemic. CKFR and its family members have dealt with so many obstacles in the recent past that would have been difficult to anticipate last year at this time. Our ability to adapt and keep moving forward hasn't been without challenges, however where we are today shows the value in maintaining forward progress. Sometimes slow, sometimes fast, but always forward.

If you have a few moments and feel so inclined, you may find some value or perspective within this article.



**Link: [Stoicism and the Art of Fighting Fire](#)**

