

CKFR WEEKLY

CENTRAL KITSAP FIRE & RESCUE



But...

We're Still Open and Here For You

By PIO LiMarzi

As many businesses are closed during this time, we want to reassure you that Central Kitsap Fire and Rescue is still open for business and here for you. Our fire stations are at full staffing and administration continues to operate behind the scenes supporting the front line.

Business is being conducted electronically as well as in person. Currently, all uniformed administrative personnel, such as the Fire Chief, are still reporting to our Administration Building on Newberry Hill Road. All non-uniformed admin staff are now working from home for the safety of themselves, their families, and our firefighters.

We want you to know you can still access all of our services, such as burn permits. Our main line, 360-447-3550, is still being answered and each employee's desk phone has been forwarded to their home office.

Please visit us at www.ckfr.org or any of our social media platforms:

Facebook: @CKfireandrescue
Twitter: @CKFireRescue
Instagram: centralkitsapfire

UPCOMING EVENTS

April 1
APRIL FOOLS DAY

April 12
Easter



April 13
BOC MEETING
Admin Building 4:00 PM



This is how we do it...



Putting Special Unit In Service

By PIO LiMarzi

Central Kitsap Fire and Rescue is dedicated to serving our community with a high level of service. That's why in the near future you may see a special rig, TDU 50, responding to calls. TDU stands for Tactical Deployment Unit.

When dealing with increased call volume, as we may soon see with the COVID-19 global pandemic, or during peak flu season, there is a need for "in-field based community medicine." This means we'll use our experienced staff to assist our local health care system so that we may all work more efficiently.

TDU 50 is a pick-up truck staffed with a Paramedic and EMT. This crew will respond to calls involving "flu-like" symptoms to assess, treat, and determine if there is a need to transport the patient.



Social Distancing: Is this far enough?!

Probationary Firefighter/Paramedic Bizelli is climbing to new heights!



New A-Shift Probationary Firefighters

A-shift welcomed PFF Matt Patterson and Cameron deSalvo to the crew this past week.

They are all smiles on the drillground!





Sniffin' Around Station 51

After Sunday night drills, Station 51 crew spotted Chief Oliver proudly showing off a new addition to the family.

Welcome to the CKFR clan "Mr. Gunner!"



Trench Rescue

Station 64 Crew work on Trench Rescue training.



Chimney Fire

B-Shift investigates a chimney fire. The fire was contained to the pipe, but a good reminder to have chimneys cleaned regularly.

Day or night, we are here for you.



This Week's Photo On The New Tender

This week the paint process began on the chassis and the pump house began final pump assembly.

Both should be completed next week and the paint process should start on the body.





State of the District

Chief Oliver addressed the District with live video messages.

March 19 State of the District
March 25 State of the District

Meet our new partner: TAHPI, the Tactical Athlete Health & Performance Institute



TAHPI is a healthcare consultant that designs injury-recovery programs for first responders. Health and fitness is critical to meeting the demands of the job and TAHPI believes that first responders should be treated like professional athletes. These programs work to improve your standard of living through expedited medical care after injury.

TAHPI's Orthopedic Patient Navigators (OPN) determine injury severity to provide the best treatment options:

- Immediate care at an ER/Urgent Care
- Schedule an appointment with a physician
- Report the injury without seeking medical treatment

Accelerated Access to Exclusive Provider Network

The medical providers in the TAHPI network work to get you back to health quickly after an injury. This commitment includes priority scheduling and collaborative communication between medical professionals. TAHPI medical providers also participate in hands-on trainings where they experience the physical demands of our members. This perspective is highly effective when determining the next step in each member's recovery plan



Member Advocacy

The TAHPI Member Support Team helps you to navigate the injury to recovery process. Utilize TAHPI as a liaison for peace of mind and understanding of the rehabilitation process.

TAHPI services are available when first responders are injured both on duty, off duty and to their immediate family members

How to use TAHPI Services

1. Report injury to supervisor and follow your SOP
2. Supervisor gives options for care
3. Member chooses TAHPI
4. Member calls TAHPI hotline to speak with an Orthopedic Patient Navigator (OPN) 1-800-781-2320 Option #1
5. The TAHPI Orthopedic Patient Navigator (OPN) will then direct member to a trained medical provider within our network
6. The TAHPI Member Support Advocate will follow up within a few hours of the first appointment



Questions?

Contact Katie Dyess, Senior VP of Integration at 262-417-6833 or katie@tahpistrong.com

For an overview of our new optional medical service provider for orthopedic injuries, please watch **TAHPI Introduction/Welcome Video**.

Please contact AC Christian with any questions.

Work Life Balance

By Lt. Brown, Peer Team Coordinator

Thank you PM Wildes for passing this on.

Ladies and Gentlemen, these are stressful times we are living in. Please take a moment and read and reflect on the attached article.

The abridged version- please take time to find work/ life balance. Get more sleep than you think you need.

Drink less alcohol than you think is "OK". Make time for fun, whatever that means to you. Talk about the things that stress you out. Make an effort to hydrate and eat better.

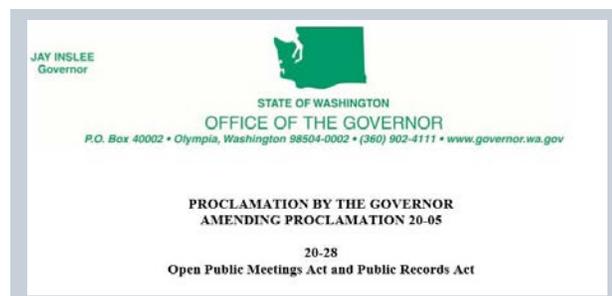
With 8 new members, two people about to get off probation, one person at the midpoint of probation, COVID-19, and the same old spikes in family and work stress that float in and out of our lives, it's easy and normal to feel a bit overwhelmed.

We will get through this together, and be stronger and more resilient for it. Watch The **Navy's Investigation**.



Public Records Requests Proclamation 20-28

Governor Inslee has been issuing proclamations to help stem the spread of the coronavirus disease 2019 (COVID-19) outbreak and to promote public health and safety. Proclamation 20-28 is one of those.



This proclamation temporarily prohibits in-person contacts with the public that are required by the Open Public Meetings Act (OPMA) (RCW 42.30) and the Public Records Act (PRA) (RCW 42.56), suspending some statutory language that would require such contacts. This proclamation also temporarily suspends the PRA's requirements for agencies to respond to PRA requests for public records within five business days from receipt, and to maintain business hours for public inspection and copying of records for a minimum of 30 hours per week. It is effective from March 24, 2020 until midnight, April 23, 2020, unless extended beyond that date. Please read the proclamation for details and to see the list of citations to the specific OPMA and PRA statutes or portions of statutes that are temporarily suspended.

Link: [Governor's Proclamation 20-28 \(Open Public Meetings act and Public Records Act\)](#)



Washington State Coronavirus Response (COVID-19)

View what's **open and closed** in Washington State.

Gov. Jay Inslee has issued a Stay at Home, Stay Healthy order in Washington state which will be effective for a minimum of two weeks. The order requires every Washingtonian to stay at home, except for people in the Order.

Learn more about the 2019 Novel Coronavirus (COVID-19) outbreak in Washington State.

You can find great information on the state's new web portal for information about COVID-19 (coronavirus.wa.gov), on the Department of Health website (www.doh.wa.gov), or on the CDC website (www.cdc.gov). Or you can call the COVID-19 hotline at 1-800-525-0127 and press #, or email DOH.Information@doh.wa.gov.

HELP PREVENT THE SPREAD OF COVID-19

For important Kitsap County updates about COVID-19, also known as coronavirus, visit: www.kitsappublichealth.org

CKFR asks you to please stay home. While we're still responding when you need us, we may look a little different. Crews will be wearing Personal Protection Equipment (PPE). We respond to a variety of situations and this gear is for the protection of everyone, sick or not, as well as for the protection of our crews.

**We appreciate your support and your offers to drop supplies at our stations.
At this time, we're not accepting any food items
and again, we ask that you stay home.**

