

MARCH 13, 2020

# CKFR WEEKLY

CENTRAL KITSAP FIRE & RESCUE

## Taking Extra Steps for Safety

As the COVID-19 virus continues to spread and public concern and concerns over the safety of our first responders are raised, CKFR personnel who will directly care for a patient with possible COVID-19 infection or who will be in the compartment with the patient will be wearing Personal Protective Equipment (PPE) to prevent transmission.

- Disposable patient examination gloves
- Disposable isolation gown
- Respiratory protection
- Eye protection

## Steps to Protect Yourself

- Wash your hands frequently
- Avoid touching your face
- Avoid close contact with people who are sick

## Steps to Protect Others

- Cough and sneeze into a bent elbow or tissue, then throw away the tissue and wash or sanitize your hands
- Avoid close contact with people who are sick
- Stay home when you or a family member is sick or wear a face mask
- Clean and disinfect frequently used objects and surfaces

More information: **Centers for Disease Control and Prevention**

**AL KITSAP**  
FIRE & RESCUE

### UPCOMING EVENTS

March 14  
**KITSAP FF BENEVOLENT FUND  
ST. PATRICK'S DAY FUNDRAISER  
Shenanigans  
CANCELLED**

March 17  
**ST. PATRICK'S DAY**

March 19  
**CPR CLASS  
Meadowdale Station 41  
7:00 PM - 9:00 PM**

March 21  
**YMCA MASS CPR TRAINING  
CANCELLED**

March 23  
**BOC METING  
Admin Building 4:00**

March 24  
**COFFEE WITH CHIEF OLIVER  
AND SHERIFF SIMPSON  
Kitsap Regional Library  
CANCELLED**

March 25  
**AWARDS BANQUET**



# Station Challenges III

By Chief Oliver

This is my third article in a series of sharing information about how our fire stations challenge our ability to provide emergency services. In the first article, I discussed how the age and locations of some of our stations impact community safety. In the second, I talked about our need to provide emergency personnel with a healthier and safer operating environment. You can read both articles [here](#).

Everything we can do to save lives and property is a result of your financial support. For this last article, I want to talk about our need to protect your investment in emergency apparatus and equipment.

## Apparatus Issues



*Expensive apparatus won't fit in some stations, like Station 52 (Olympic View)*

The size of emergency apparatus has increased since most of the District's stations were built 60 years ago. Most of the current facilities cannot shelter modern fire engines, water tenders or ambulances, which represent a significant investment for taxpayers. This potentially leaves millions of dollars of apparatus exposed to weather and reduces their usable life.



*Station 54 is the size of a single garage. It is not possible to shelter apparatus in this facility. The interior has no toilet facilities (see porta potty on left) and cannot house 24-hour personnel.*

In the past, we have "special ordered" smaller rigs to fit in older stations. However, many of the manufacturers aren't allowing for these types of special orders anymore. If they do, it's significantly more expensive. We have to standardize to the current industry to protect what we have and save money on future apparatus purchases. Improving our facilities with adequate-sized bays (they're like really big garage doors in fire stations) is our next step.

## Conclusion

As you know, our Board of Fire Commissioners is considering asking voters to approve a bond to fund several station improvement projects. They will consider a resolution on March 23, 2020 to place the bond on the August Primary Election ballot. The meeting will take place at 4:30 pm at 5300 NW Newberry Hill Road in Silverdale (98383). We encourage you to attend and ask questions.

Capital facilities are too expensive to fund through the District's regular operating levies without cutting service levels, which no one wants. The bond would be 32 cents per \$1,000 of assessed property value. The good news is that – even with the bond – the average homeowner would still see a net decrease of \$24 per year in the taxes they pay to the District compared to what they paid in 2019. This is because an excess levy has expired and an old bond for apparatus will be paid off before the new bond would take effect in 2021.

We have an opportunity to fund our facility needs for the next 50 years while reducing impacts to taxpayers. Just as important, the bond proposal would improve community safety and provide a healthier work environment for our firefighters.

More information on the proposed bond can be found on the District's website at [www.ckfr.org](http://www.ckfr.org). and, feel free to contact me with questions!

[joliver@ckfr.org](mailto:joliver@ckfr.org) or (360) 447-3566.

Thank you.



**"GOOD LEADERS DON'T MAKE EXCUSES. INSTEAD, THEY  
FIGURE OUT A WAY TO GET THINGS DONE." - JOCKO WILLINK**

# PERSONAL LEADERSHIP DEVELOPMENT

By AC Christian

Personal leadership development is the combination of activities, interactions, and thoughts that improve a leader's ability to create effects in his/her sphere of influence. Reading, writing, engaging with peers and mentors, and introspectively sharpening one's own leadership beliefs through reflection are all certainly part of this process (Steadman, 2018).

Here are some resources stirring conversation throughout our fire department that you may find interesting:

## **BOOKS**

- **Leading At the Edge**, by Dennis Perkins. -Jay Christian
- **What it Takes**, by Stephen Schwarzman. -Jeff Sorenson
- **Win Forever**, by Pete Carroll. -Jeff Sorenson
- **Leadership Strategy & Tactics**, by Jocko Willink. -Rick O'Rourke
- **Radical Candor**, by Kim Scott. -Greg Platz
- **SOG, Secret Wars of Americas Commandos in Vietnam**, by John Plasterer. -Brian Danskin
- **Start With Why, Leaders Eat Last and the Infinite Game**, by Simon Sinek. -Eric Chamberlain
- **Turn the Ship Around!: A True Story of Turning Followers into Leaders**, by L. David Marquet. -David Stebor
- **Above the Line: Lessons in Leadership and Life from a Championship Program**, by Urban Meyer. -David Stebor
- **Call Sign Chaos: Learning to Lead**, by Jim Mattis. -David Stebor
- **The Art of Inspiring People to Be Their Best**, by Major General Craig B. Whelden. -Chad Gillespie
- **It Worked for Me: In Life and Leadership**, by Colin Powell. -Brock Shaffer
- **Never Split the Difference**, by Chris Voss. -Tim Maule
- **The Leadership Challenge**, by Kouzes and Posner. -Tim Maule
- **The Congruent Life**, by C. Michael Thompson. -Tom Sullivan
- **Lincoln on Leadership**, by Donald T. Phillips. -Tom Sullivan
- **High Altitude Leadership**, by Warner & Schmincke. -Tom Sullivan
- **Servant Leadership**, by Robert K. Greenleaf. -Tom Sullivan
- **Fortuitous Encounters**, by Davis & Spears. -Tom Sullivan
- **Deep Survival: True Stories of Miraculous Endurance and Sudden Death**, by Laurence Gonzales. -Alex McCracken
- **Ninety Percent Mental: An All-Star Player Turned Mental Skills Coach Reveals the Hidden Game of Baseball**, by Bob Tewksbury. -Alex McCracken
- **Into the Magic Shop: A Neurosurgeon's Quest to Discover the Mysteries of the Brain and the Secrets of the Heart**, by James R. Doty MD. -Alex McCracken
- **Emotional Intelligence: Why It Can Matter More Than IQ**, by Daniel Goleman. -Alex McCracken



**PODCASTS:** Jocko Willink. -Dan King

Dan Rockwell's Leadership Freak. -Tim Maule



**FACEBOOK:** The Daily Goalcast. -Medina Crawford



**YOU TUBE:** Man In The Arena Speech, Teddy Roosevelt. -John Oliver

**"Get up and GO. Take the risk, take the gamble, take the first step, and take action AND don't let another day slip by." - Jocko Willink**



# On the move...



C-Shift crews from Station 51 conduct night drills with Probationary Firefighter Smith. Drill consisted of hydrant supply evolutions, pumping and hose deployment components.



On Sunday, March 8, 2020, C-Shift conducted 3 rotations of Multi-Company Operations with simulated motor vehicle collisions. Crews focused on arrival reports, size up reports, basic stabilization, advanced stabilization and patient care. Simulation included 1 ejected critical patient and 1 minor injury patient. Thanks to LT Brown and AO Stack for assisting with the creation of the scenario and placing the vehicles!

A-Shift conducts Search and Rescue training with simulated smoke in the Sid Uhnick Building off Ridgetop.







Last Saturday, our CPR Program Lead/Paramedic Doug Bekenyi held a CPR AED class at the North Perry Fire Station! We had a great turnout and even had a special visit by the Fire Chief. In case you didn't know, for the rest of 2020 CKFR will be bringing CPR training to communities throughout the Fire District!

To find a class near you and to register, please visit our website at [www.ckfr.org](http://www.ckfr.org). Classes are in high demand, so don't miss out!



During our BOC meeting on March 9, Chief Oliver led Volunteer EMT Phil Barry in the Oath of Office. Phil had his badge pinned by his girlfriend, Amber.



**You're invited!**

**CENTRAL KITSAP FIRE & RESCUE'S**

***Annual Awards Banquet***

**Wednesday, March 25<sup>th</sup>**  
**Doors open at 6:00 PM**  
**Program begins at 7:00 PM**  
**Kitsap County Presidents' Hall**  
**1250 Fairgrounds Rd NW, Bremerton**

BBQ Buffet catered by Miller's Smoke House  
**\* RAFFLES \* FOOD \* MUSIC \***

**All raffle proceeds benefit CK Medic One Foundation**  
 Dress Code is Class A Uniforms or Business Casual  
 Families are encouraged to attend, no RSVP required!



## St. Patrick's Day Trivia

Inventory Supply Coordinator, Joe Calkins on the shoulders of Jolly McWiggles, hosted the Trivia portion of Admin's quartly potluck last Wednesday.

