



CKFR WEEKLY

ISSUE: 05/31/2019

CENTRAL KITSAP FIRE & RESCUE

KIDS' DAY is TOMORROW!!!

UPCOMING EVENTS

June 1

CKFR Kids' Day!

Kitsap County Fairgrounds (10AM)

Free event for the whole family!

June 10

BOC Meeting

Admin Building (4PM)

June 14

AO Henry Henneman's Last Shift

Come out and celebrate with Henry at Station 51! (12:30PM)

June 24

BOC Meeting

Admin Building (4PM)

July 4

Independence Day

Admin Office Closed

July 8

BOC Meeting

Admin Building (4PM)

July 17

Fill the Brewery for MDA

Muscular Dystrophy Association

Cash Brewing (6-10PM)

Hosted by Kitsap Fire Fighters

Union, IAFF Local 2819 and 437

July 22

BOC Meeting

Admin Building (4PM)



LAST CHANCE TO DONATE DIAPERS!

In case you've forgotten, we've challenged the Kitsap County Sheriff's Office to another round of *Battle of the Badges!* The Diaper Derby for the Eastside Baby Corner is running until June 7th and donations can be made at any of our fire stations!

More details on the next page.

A MESSAGE FROM PAYROLL

Heidi Robnett, Accounting Specialist

It's time for a mid-year Paycheck Check-up! Please take the time to look over your paystub and make sure everything looks accurate - address, retirement and other deductions, tax withholding. I have included a link to the IRS Withholding Calculator, which the IRS encourages everyone to use to make sure the correct amount of taxes are being withheld. Tax laws changed in 2018, so it's a good idea to review your tax situation to make sure you do not have any surprises at the end of the year. If you need to make a change, please submit a new W-4 to Payroll by the 10th of the month in which you want the change made. Please do not hesitate to reach out to me if you have any questions, need to make changes, or can't access your paystub.

IRS Withholding Calculator

<https://www.irs.gov/individuals/irs-withholding-calculator>

Hello everyone,

Over the last few weeks and months we seem to have had an increase in difficult calls, particularly those involving young children. These calls can produce a mix of challenging emotional responses—even for those not directly involved. Please be diligent to watch out for one another, promote discussion with a trusted friend and/or peer team member, and be aware of the impacts these events can have on our people and organization. We can't erase the bad situations, but we can work together to cope, grow, and become more resilient.

Be well,

Justin Brown, Lieutenant
Peer Support Team Coordinator



IN THE NEWS

Central Kitsap Fire and Rescue board hears proposal for facilities bond
Kitsap Sun

⇒ <https://www.kitsapsun.com/story/news/local/2019/05/30/central-kitsap-fire-and-rescue-board-hears-proposal-facilities-bond/1277850001/>

Central Kitsap Fire and Rescue plans to build new stations
Kitsap Sun

⇒ <https://www.kitsapsun.com/story/news/local/2019/05/27/central-kitsap-fire-plans-build-new-stations-school-district/1210477001/>

Kitsap County passes fireworks restrictions
Kitsap Sun

⇒ <https://www.kitsapsun.com/story/news/2019/05/29/fireworks-restrictions-passes-kitsap-county-july-4th/1278809001/>

ARTICLES

Anatomy of a Failing Leader
Occupational Health & Safety Magazine

⇒ <https://ohsonline.com/Articles/2019/04/01/Anatomy-of-a-Failing-Leader.aspx>



DIAPER
DERBY

FOR **eabc**

CENTRAL KITSAP FIRE & RESCUE

May 3rd through June 7th

CENTRAL KITSAP
FIRE & RESCUE

Help us fill our Medic Unit with diapers for
Eastside Baby Corner's Annual Diaper Derby!
We've challenged the Kitsap County Sheriff's
Office for another round of ...

BATTLE of the BADGES

Diapers of all sizes are needed and donations
can be made at any of our fire stations or our
administration building.

Call 360-447-3603 for more info



VS



CKFR

NEWS



ABOVE: On Sunday May 26th, B-shift conducted Vent Enter Isolate and Search (VEIS) drills. This training is a targeted search and rescue tactic for trapped occupants where access through the front is not ideal.

Pictured are BC Christian, E51's Mark Giannobile & Mark Tuemler L51's Brock Shaffer & Charlie Bratcher, M51's Austin Backus & Mike Smith.



BELOW: On the morning of May 29th, CKFR crews participated in the Mock Car Crash at the Thunderbird Stadium. Airlift Northwest is pictured landing at the site. R64, E41, M41, A42, E42, and BN51 were working on the "scene" performing extrication and caring for patients (student actors).



LEFT: The Volunteer Association's annual *Chicken Dinner*! What a great tradition!

Send in your CKFR Weekly stories to Serena Prince (sprince@ckfr.org)!