



ISSUE: 05/10/2019

CENTRAL KITSAP FIRE & RESCUE

# CKFR WEEKLY

## *Red Knights Academy Graduation*

**MAY 1, 2019:** Congratulations to PFF Devion Hagen and PFF Jesse Graham who recently completed the Red Knights Fire Academy. PFF Hagen received the Top Academic and Most Inspirational Awards. Plus, both new CKFR firefighters were named to the "Chief's Company" - an honor chosen by the academy instructors for recruits that are top of the class in attitude, drillground performance, leadership and technical skill. Way to make your new department proud!



**Jesse Graham**  
PFF/Paramedic



**Devion Hagen**  
PFF/EMT

# UPCOMING EVENTS

**May 11**

**Life-Saver Academy**  
Sessions start at 9AM  
@ the Haselwood YMCA

**May 13**

**BOC Meeting**  
Admin Building (4PM)  
**Oath of Office & Badge Pinning for  
3 New CKFR Chaplains:**  
*Compton, Melendez, Page*  
**2 New Firefighters:**  
*Graham, Hagen*  
**5 Volunteer EMTs:**  
*Burger, Fye, Grijalva, Salo, Short*

**May 27**

**Memorial Day**  
Admin Office Closed

**May 28**

**BOC Meeting (Tuesday)**  
Admin Building (4PM)

**June 1**

**CKFR Kids' Day!**  
Kitsap County Fairgrounds (10AM)  
*Free event for the whole family!*

**June 10**

**BOC Meeting**  
Admin Building (4PM)



## MAY IS SKIN CANCER PREVENTION MONTH Take action to prevent skin cancer.

Did you know skin cancer is the most common type of cancer in the United States? Ultraviolet (UV) radiation from the sun (in addition to tanning booths or sunlamps) is the main cause of skin cancer. UV damage can also cause wrinkles and blotches or spots on your skin. The most dangerous kind of skin cancer is called melanoma.

The good news? Skin cancer can almost always be cured when it's found and treated early – and that includes melanoma. We can work together to prevent skin cancer or find it early, when it's easier to treat.

Take simple steps today to protect your skin:

- Stay out of the sun as much as possible between 10 a.m. and 4 p.m.
- Use sunscreen with SPF 15 or higher. Put on sunscreen every 2 hours and after you swim or sweat.
- Cover up with long sleeves and a hat.
- Check your skin regularly for changes.

**Anne Marvin, Health Care Manager**  
*Washington Fire Commissioners Association*



**May 3rd through June 7th**

**Help us fill our Medic Unit with diapers for  
Eastside Baby Corner's Annual Diaper Derby!  
We've challenged the Kitsap County Sheriff's  
Office for another round of ...**

**BATTLE of the BADGES**

**Diapers of all sizes are needed and donations  
can be made at any of our fire stations or our  
administration building.**

**Call 360-447-3603 for more info**



**VS**



# CKFR NEWS

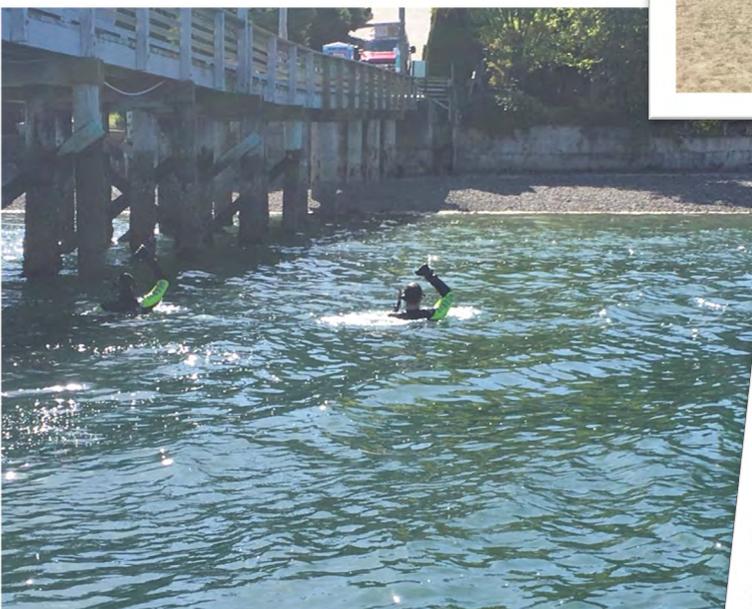


**LEFT:** On Thursday, B-shift completed a fantastic training day at Island Lake Park. The exercise was rescue swimmer training for water rescues. The teams deployed rescue swimmers Carl Tesch, Dan Martin and Sascha Ebert. The teams also deployed two inflatable rescue boats called Rapid Deployment Crafts to support the rescue swimmers.

We were also able to connect with the community and discuss our operations with bystanders that were observing our operations.

**RIGHT:** Rescue swimmers Ebert, Martin, and Tesch are underway while Holt and Monroe act as shore attendants.

**BELOW:** Also this week with the beautiful weather, A-shift Rescue Swimmers were training at local water spots to be prepared in case they were called into service.



**RIGHT:** After winning their game 15-3, the North Mason Sluggers (playing at Linder Softball Field) celebrated their success by getting a tour of L51. Lt. Brown and A/O Crosby had a hard time telling if the ladies were more excited about their win, or for getting a close up of L51!



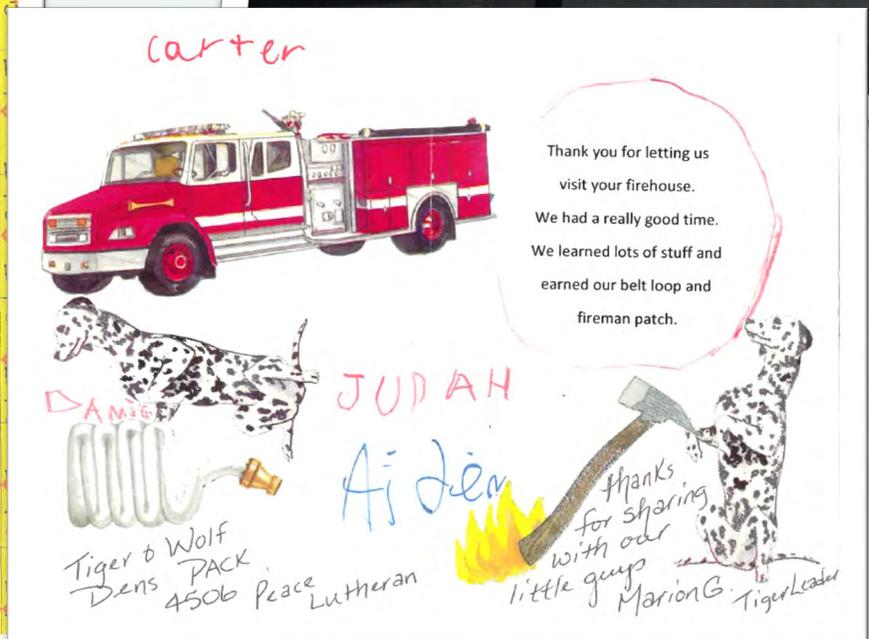
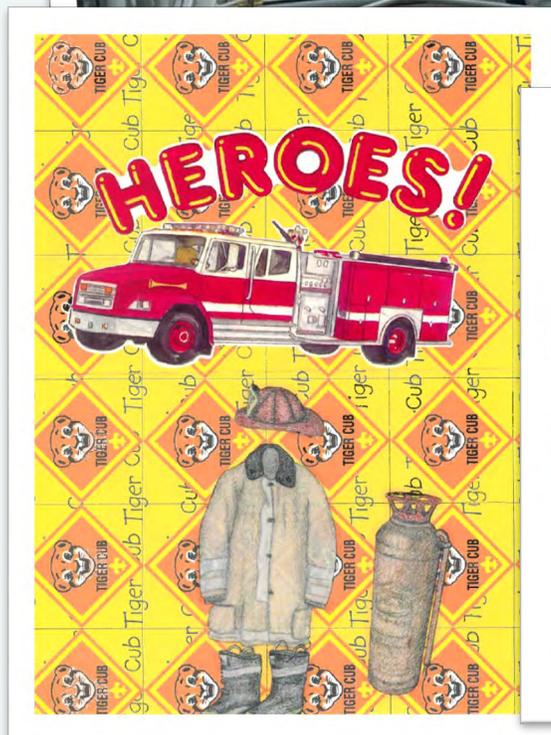
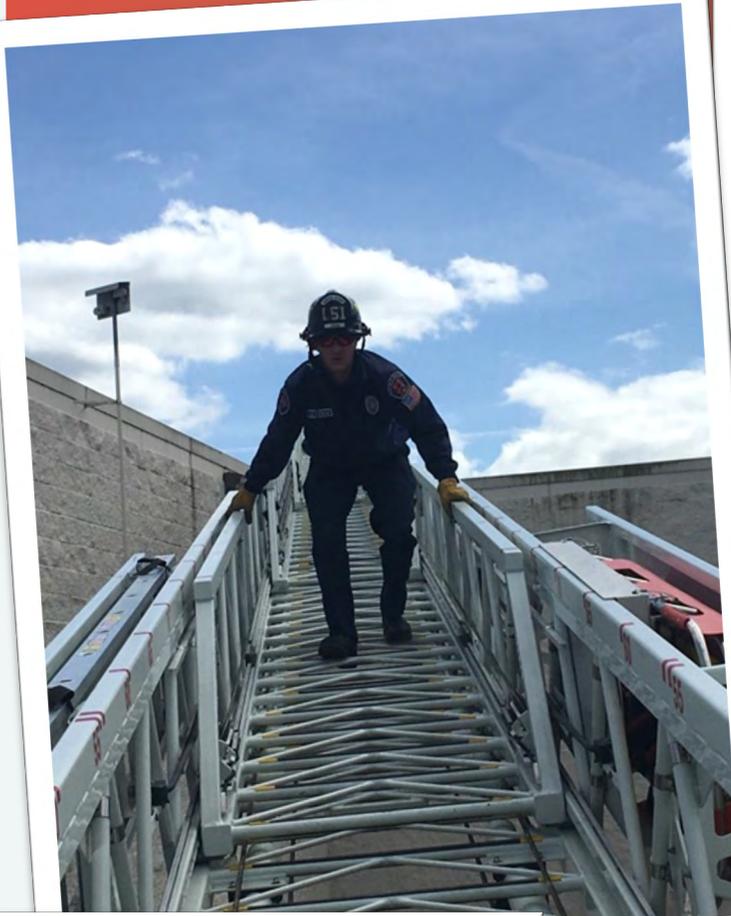
**LEFT:** Thanks to our friends at Franz Bakery who stopped by with a few treats in honor of International Firefighters' Day on May 4th!

**RIGHT:** PFF Jamie Monroe pictured with Deputy Chief Jeff Sorenson when he was presented with his helmet shield on Thursday. Congratulations to you, Jamie!



**Helmet Shield Presentations**  
**Station 41 @ 0800**  
 May 13: John Dalle Angelini  
 May 15: Joey Werlech

**BELOW:** On Saturday, May 4th, B-shift took the opportunity to drill with the ladder out in the community. Personnel completed various positioning and ladder evolutions on the old Toys R Us and apartments in Old Town Silverdale. Pictured are A/O CJ Tesch and Captain Brock Shaffer.



Thank you for letting us visit your firehouse. We had a really good time. We learned lots of stuff and earned our belt loop and fireman patch.

**RIGHT:** A-shift crews training on rescue techniques. This VEIS (Vent-Enter-Isolate-Search) drill was coordinated by Acting BC Tom Sullivan and Lt. Bigelow. Nice work!!



**BELOW:** Lt. Deschryver hosted two new building construction and initial tactics drills for C-Shift members. The drill consisted of arrival/size up reps, 360 practice with update cards located around the structure, strategic and tactical assignment practice, and new construction walkthrough. Crews were able to see houses in various stages of completion, noting new construction techniques, void spaces and building materials.



**Have something newsworthy to share?**

Email Serena ([sprince@ckfr.org](mailto:sprince@ckfr.org)) for inclusion in a future edition of the Weekly!

As a friendly reminder, please caption photos when you send them in :)