



ISSUE: 02/01/2019

CENTRAL KITSAP FIRE & RESCUE

# CKFR WEEKLY

*This week started off orientation for our 3 new Firefighter/EMTs!*

(L-R) Jesse Graham, Devion Hagen,  
and Lacey Newman



# UPCOMING EVENTS

**February 11**

**BOC Meeting**

@ Admin Office (4PM)

**February 18**

**Presidents' Day**

*Admin Office Closed*

**February 25**

**BOC Meeting**

@ Admin Office (4PM)

**March 3**

**Free CPR Instruction Event**

*Hosted by CKFR and the YMCA*

*Sessions go from 9AM-4PM*

*@ Hazelwood YMCA Silverdale*

**March 11**

**BOC Meeting**

@ Admin Office (4PM)

**March 27**

**CKFR Annual Awards Banquet**

@ Kitsap County Presidents' Hall

*Details coming soon*

## First call for nominations!

Please cast your award nominations on the SurveyMonkey link below:

<https://www.surveymonkey.com/r/XMGZH3X>

**We are accepting nominations for the 2018 year in the following categories:**

- Career Firefighter of the Year
- Volunteer of the Year
- Staff Employee of the Year
- Award of Valor
- Life-Saving Award
- Unit Citation
- Award of Distinguished Service

## 2019 Flu Season

Here's a link to an article from the CDC on frequently asked questions:

<https://www.cdc.gov/flu/about/season/flu-season-2018-2019.htm>

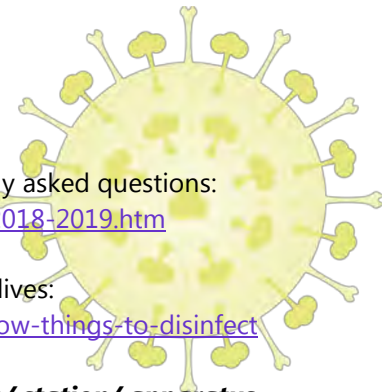
Here's a very practical approach to disinfecting our lives:

<http://symptoms.webmd.com/cold-flu-map/slideshow-things-to-disinfect>

***Please take the time to disinfect your work space/ station/ apparatus.***

Each of our facilities should be equipped with the necessary cleaning supplies.

**Remember, washing your hands for 30 seconds with soap and hot water is the absolute best prevention tool.**



| CKFR SHIFT ROSTER<br>Effective February 1, 2019 |                    |                     |                      |
|---|--------------------|---------------------|----------------------|
| SHIFT   | "A"                | "B"                 | "C"                  |
| STATION 41                                      | BC Doug Dineen     | BC Jason Dornan     | BC Ray Christy       |
| STATION 41                                      |                    |                     |                      |
| EST OFFICER                                     | L1 Chris Salazar   | L1 Eric Burgess     | CAPT James Bennett   |
| EST OPERATOR                                    | ACD Bill O'Leary   | ACD Brent Ewert     | ACD Tim Fessett      |
| MEETINGS  | PP Mike McLaughlin | PP Scott Brown      | PP Mike Bennett      |
| MEETINGS  | PP Chris Salazar   | PP James Morris     | PP John O'Neil       |
| STATION 42                                      |                    |                     |                      |
| EST OFFICER                                     | CAPT Damon Foyat   | L1 Bill Green       | L1 Chris Salazar     |
| EST OPERATOR                                    | ACD James Reed     | ACD Henry Hensinger | ACD Jason Robinson   |
| MEETINGS  | PP Mike McLaughlin | PP Mike Smith       | PP Mike Bennett      |
| MEETINGS  | PP Tom Hodge       | PP Tom Sanderson    | PP Will Linnick      |
| STATION 43                                      |                    |                     |                      |
| EST OFFICER                                     | CAPT Tom Sullivan  | CAPT Brent Shaffer  | CAPT Matt Ewing      |
| EST OPERATOR                                    | ACD Steve Whelan   | ACD Charles Brasher | ACD Ryan Corbett     |
| MEETINGS  | L1 Chris Salazar   | L1 Mike McLaughlin  | L1 Mike Bennett      |
| MEETINGS  | ACD Jay Brannaman  | ACD Norm Smith      | ACD Adam Smith       |
| MEETINGS  | PP Tom Hodge       | PP Tom Sanderson    | PP Chris Salazar     |
| MEETINGS  | PP Tom Hodge       | PP Norm Morgan      | PP Scott Christensen |
| STATION 44                                      |                    |                     |                      |
| EST OFFICER                                     | L1 Lorne Thorton   | CAPT Dave Tisser    | L1 Chris Salazar     |
| EST OPERATOR                                    | ACD Tom Whelan     | ACD Dale Smith      | ACD Tom Bennett      |
| MEETINGS  | PP Mike Smith      | PP John Morgan      | PP Chris Salazar     |
| MEETINGS  | PP Mike Smith      | PP John Morgan      | PP Chris Salazar     |
| STATION 44                                      |                    |                     |                      |
| EST OFFICER                                     | L1 Owen Sweeney    | CAPT Dennis Elliott | L1 Jason Green       |
| EST OPERATOR                                    | ACD Tom Whelan     | ACD Tom Whelan      | ACD Tom Bennett      |
| UNASSIGNED                                      |                    |                     |                      |
| UNASSIGNED                                      | PP Joe Schaeffer   | PP Keith Barick     | L1 Scott Christensen |
| UNASSIGNED                                      | PP Mike Smith      | PP Mike Smith       | PP Scott Christensen |
| UNASSIGNED                                      | PP Scott Salazar   | PP Matt Farmer      | PP John Corbett      |
| UNASSIGNED                                      | PP Chris Salazar   | PP Tom Hodge        | PP Tom Hodge         |
| UNASSIGNED                                      |                    |                     | PP Brent Smith       |
| STATION 42 TDU                                  | ESO OFFICER        | ESO OPERATOR        |                      |
|   | CAPT Gordon        | ACD Amanda Rice     |                      |
| STATION 53 TDU                                  | ESO OFFICER        | ESO OPERATOR        |                      |
|   | L1 Kevin Bant      | ACD Marcus Olay     |                      |

## Updated Shift Roster

The new shift roster goes into effect February 1. You can download it here:

<https://ckfr.sharepoint.com/intranet/Documents/CKFR%20Shift%20Roster%202-1-2019.pdf>

## Reminder on Car Seat Checks

**From: PIO LiMarzi**

If you have someone stop by your station for a car seat check or installation – please have them call me at 360-447-3603. Many times they are instructed to drive to Admin and I am not always here or available when they show up! Thanks!



## Tax Forms

Be on the look out for your **W-2 & 1095-C** tax forms that were mailed out last week. Please direct your questions to Payroll!





## *CKFR recognizes two YMCA Staff Members with Life-Saving Awards*

*During Monday's Board meeting, Chief Oliver recognized FF Mike Smith and presented two YMCA staff members with Citizen Life-Saving Awards—Pearl Freckleton and Wesley Wuco!*



Off-Duty FF Smith, Pearl, and Wesley took action on the morning of December 18, 2018 when Don Warren, who was exercising on a stationary bike experienced a sudden cardiac arrest. By the time CKFR units had arrived, FF Smith and the two YMCA staff members had started CPR, began rescue breaths, had shocks administered with an AED, and assisted with compressions. After receiving Advanced Life Support treatment from our crews and being transported, Don was later discharged from the hospital. Without question, the fast actions of these YMCA staff and FF Smith saved Don's life.



# I think we can make it?

## A quick rundown on using Limited Access Roadways and Bridges

Brought to you by Captain Tom Sullivan



Did you know the Board of Commissioners adopted a policy to help District personnel avoid risk when faced with crossing a potentially compromised bridge?

Did you know we have many identified bridges in each division providing access to hundreds of addresses?

What do you do when approaching a privately owned bridge and there is no CKFR load limit sign? According to our policy, only passenger and command vehicles shall cross the bridge. In other words, the medic, engine, tender, ladder, and heavy duty **shall not pass**. Personnel shall use whatever resources are available to continue the response.

What are the potential outcomes of crossing a bridge that is not rated? There are three primary concerns that we all share, 1) The safety of responding personnel 2) Potential vehicle damage and OOS repair time 3) Potentially damaging a privately owned bridge and impacting access.

Moving forward, AO R. Smith has begun entering bridge data into First Due Size-Up. In the near future we will have updated information such as maximum weight carrying capacity and detailed mapping available to us.



### Questions? Concerns? Comments?

Please email Captain Sullivan at [tsullivan@ckfr.org](mailto:tsullivan@ckfr.org).

### References:

BOC Policy on CKShare

**Using Limited Access Roadways and Bridges**



CKFR out and about!



**Above:** Not sure how they “goat” there, but Peanut and Honey were on Chico Way refusing the “bleat” it. A citizen protected them from traffic and CKFR employees Joe Calkins and Pat Busby were able to leash them and locate the owner. So why did they cross Chico Way? All “kidding” aside ... we may never know!

**Right:** A-Shift Ladder 51 Captain Sullivan and Apparatus Operator Whitish always love meeting future firefighters when out and about in Silverdale!



## Update on the Measles Outbreak

**From:** Jeff Sorenson, Deputy Chief

Below is an email we received regarding the current measles outbreak. The best prevention of this disease is still via immunizations. If you have interest in receiving immunizations, email AC Tague.

Governor Jay Inslee has issued a public health state of emergency based on 31 confirmed cases in the Vancouver area of Clark County, and one confirmed case in Seattle & King County. There have been multiple exposure locations in the Portland, OR, Vancouver, WA and Seattle-King County area. The Washington State Department of Health [Measles 2019 website](#) is being updated daily with details on the current status of the outbreak, which includes an extensive list of exposure locations based in the Portland, Vancouver and Seattle-King County regions.

*“Measles is a highly contagious disease, and can be very serious, especially for young children and infants who are too young to be immunized. Measles is spread when an infected person breathes, coughs or sneezes,” said Dr. Frank James, the Health Officer for San Juan County. “Because it is so contagious, almost everyone who does not have immunity will get measles if they are exposed to the measles virus, even just by being in the same room as another person who is infected with measles. Citizens of San Juan County can help stop the entry of measles into our community, and protect our most vulnerable community members by making sure they have received vaccinations against the virus.”*

The best protection against measles is the MMR vaccine. Everyone is urged to help stop this disease from spreading by making sure they and their families are up to date on the MMR vaccine, and knowing the signs and symptoms of measles. The first symptoms of measles are like a bad cold—a high fever, runny nose, and cough, followed by a rash that usually lasts 5 to 6 days. You may also have red, watery eyes that are sensitive to light and be very tired. **Call your healthcare provider before going to the clinic or hospital if you are experiencing these symptoms.**

Additional information and resources on measles, and how to check your or your child's immunization status, may be found on the Washington State Department of Health [website](#).



## *Malicious Emails and Ransomware*

**From:** Robert Morley, IT Manager

If you haven't heard yet, the [City of Sammamish has declared an emergency](#) as the result of a Ransomware/Virus that has crippled their computer system. Most likely this was transmitted through an email where someone downloaded a viral payload.

There is an infographic contained on each dashboard display that gives some tips on avoiding these emails.

There are multiple layers of security that has been built up on our network, but nothing is foolproof. You must make it your responsibility to be careful when clicking on emails that look suspicious. Here is an example of such an email that was caught by one of our staff just yesterday (see image right).

This looks legit doesn't it? Pay closer attention to the from address, does [bijk-berlendir](#) look familiar? Look at the text in the email, and the poorly constructed sentences. Look at the weird font. These are all tip offs that this is fraudulent and a phishing scam. You would not want to click confirm!



If you are at all suspicious, please do not click on emails that have any signs of malicious intent. If you do get a phishing email, mark the sender as junk (right click the email, choose junk and block sender). That will help Microsoft stop the email from propagating. If you are unsure, please contact IT, or simply delete the email. **Thanks for your help!**