

ISSUE: 01/05/2018

CENTRAL KITSAP FIRE & RESCUE

CKFR WEEKLY



E50 FIELD TRIP!

From Left to Right: FF Rye, AO Crosby, and LT Madison spread some Christmas cheer at Mary Bridge Children's Hospital over Christmas handing out stuffed animals and toys to 50 kids!

PRESS RELEASE—January 4, 2018

“Citizens Recognized For Life-Saving Actions”



Pictured Above:

A-shift crew (AO Billy George, FF Mike Smith, PM Jeff Wallis and BC Greg Platz) pictured with cardiac arrest survivor, Tom Wilkinson.

We invite you to join us on Monday, January 8th, as we present two local citizens with Citizen Life-Saving Awards.

On the morning of November 23, 2017, Tom Wilkinson and his family took part in the Silverdale Rotary's Turkey Trot at The Kitsap Mall. As the participants started the run, Tom ran by Central Kitsap Fire & Rescue crews who were cheering on participants in the parking lot near Macy's. Tom called out to the crews with a smile, "If I go down, will you do CPR on me?" Battalion Chief Platz responded, "We've got you covered!"

Little did crews know that just 5 minutes later they would be alerted by Rotary race volunteers that someone needed help over by Dick's Sporting Goods. As firefighters started toward their rig, they were dispatched for CPR in progress.

Arriving on scene moments later they found citizens performing CPR on Tom, the crews quickly loaded Tom into Medic 51 and continued resuscitation efforts. Within 8 minutes, Tom had a pulse and was off to Harrison Hospital.

Last week, crews were invited to the family's home to celebrate Tom's miraculous recovery. After several weeks in the hospital, Tom had been released and now he and his wife, Lil, are back in their Arizona home.

Every minute counts during a cardiac event and Central Kitsap Fire & Rescue greatly appreciates the immediate actions of the fellow race participants who began CPR.

We will be recognizing Gretchen Ta and Nathan Sharp at Monday's Board of Commissioner's meeting.

Subject: 41 'B' Shift Wall Breach Training

From: Thomas Sullivan, Jr.

Sent: Tuesday, January 02, 2018 4:06 PM

This afternoon Station 41 'B' Shift participated in a firefighter survival drill. We conducted maydays and breached interior walls.

Pictured Above: J. Stanley & M. Holt

Pictured Below: IT Tech Levi Cook. He stopped by to help us with a computer issue and asked if he could watch our drill!



FF Edwards spruces up Station 53!



From: Captain Kevin Goodwin

Above are a couple of pictures of Station 53 after one of our Volunteer Firefighters, Travis Edwards spent an entire day sprucing up not only the apparatus, but the station and grounds as well. This includes washing all the rigs, sweeping the station out, pulling weeds, and washing down the parking lot. In taking time away from his family to maintain this station and the apparatus, Firefighter Edwards is demonstrating the level of pride and ownership that we strive for from all of our members. I thank Travis for his efforts. The station and apparatus look great!



Increased Influenza A(H3N2) Activity & Antiviral Treatment

Actions Requested

- **Be aware that influenza A(H3N2) is predominating in the U.S. so far this flu season.** We experienced the effects of this type of predominance in Kitsap County in 2016-17, with 13 influenza-related deaths and 20 long term care facility flu outbreaks. Two flu-related deaths, and two long-term care facility flu outbreaks have already occurred in 2017-18.
- **Start antiviral treatment as close to illness onset as possible if influenza is suspected in those at risk of complications,** ideally within 48 hours of onset. **Do not delay treatment** for even a few hours while waiting for test results to come back.
- **Administer influenza vaccine to all eligible individuals, and especially high risk groups or those that care for people in high risk groups** (see list of high risk groups below). People aged 65 and older are recommended to have the high-dose flu vaccine. Below is a link to a list of contraindications and precautions.
- **Instruct individuals to stay home, and away from people who may be at higher risk for influenza complications, if they are sick with influenza-like symptoms** unless medical attention is required for their illness.
- **Report influenza related deaths, influenza infections in residents of long-term care facilities, and novel or unsubtypable strains of influenza** to Kitsap Public Health (KPHD) by calling (360) 728-2235.
- **Subscribe to the Kitsap Respiratory Illness Report** at www.kitsappublichealth.org/subscribe for updates on local influenza activity.

For questions, please contact our Communicable Disease staff at (360) 728-2235.

DD 17-012

Notification of MVC-G Response Changes

SCOPE

All 2819 BU Personnel and Volunteers

PURPOSE

January 1, 2018, CKFR will resume responding to Motor Vehicle Collision – Green (MVC-G) events.

PROCEDURE

The MVC-G events are typically unknown injury accidents and will be toned with a single unit, Engine/Ladder then Aid/Medic respectively.

If responding to an MVC-G and a higher priority call is toned in your response area you will have two options based on the dispatch information of the MVC-G:

1. Responders may "PEND" the MVC-G event with Kitsap 911 and take the higher priority event. Once clear of the high priority event, reattach and handle the MVC-G.
2. Respond to the higher priority call and request Kitsap 911 to dispatch the next available unit or E50 if available.

While at scene if your assistance is needed for anything other than emergency duties you are permitted to go available on scene and ready your equipment for response.

SAFETY

Remember to wear CKFR traffic vests while working in traffic and to chock vehicles tires!

Washington Fire Symposium Annual Conference

"BACK TO BASICS"

February 24-28, 2018
Yakima Convention Center
10 North 8th Street
Yakima, WA

Articles

Senate Reauthorizes AFG/SAFER and USFA

Article Source:

<https://iafc.informz.net/informzdataservice/onlineversion/ind/bWFpbGluZ2luc3RhbmNIaWQ9NzIyNDA3MCZzdWJzY3JpYmVyaWQ9MTAwNDM1ODAzOA==>

5 principles to include in your hiring process to set your fire department apart

Article Source:

<https://www.firechief.com/2017/11/30/5-principles-to-include-in-your-hiring-process-to-set-your-fire-department-apart/>

Self-coaching methods to improve your leadership

Article Source:

<https://leadonpurposeblog.com/2017/12/04/self-coaching-methods-to-improve-your-leadership/>

Leadership Forged in Crisis

Article Source:

https://www.leadershipnow.com/leadingblog/2017/11/leadership-forged-in-crisis.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+LeadingBlog+%28Leading+Blog%29

*Do you have
something
newsworthy to
share?*

Email Serena Prince
(sprince@ckfr.org)
with your ideas!