



CKFR WEEKLY

ISSUE: 09/08/2017

CENTRAL KITSAP FIRE & RESCUE

The Clear Creek Trail suffered a brush fire this morning at around 6:00 AM, destroying part of the boardwalk. More in this issue . . .

UPCOMING EVENTS

Monday, September 11

BOC Regular Meeting
Admin Building (4 PM)

Friday, September 22

Autumnal Equinox
First Day of Fall

Saturday, September 23

Kitsap FF Annual Oktoberfest
Cloverleaf Sports Bar & Grill

Monday, September 25

BOC Study Session
Admin Building (4 PM)



Phase 2 Burn Ban begins

September 6, 2017

(Port Orchard, WA) -The Kitsap County Fire Marshal, in cooperation with the Kitsap County Fire Chief's Association, announces the implementation of a Phase 2 burning ban effective 8 a.m. September 6, 2017.

During a Phase 2 burn ban all burning permits are suspended All forms of outdoor burning - general backyard or recreational is prohibited. This includes campfires, bonfires or similar recreational burning regardless of location. Charcoal briquettes in approved bar-be-cues or similar appliances may still be used.

"The ban is necessary due to the ongoing dry and unseasonably warm conditions," according to David Lynam, Kitsap County's Fire Marshal. "Resources across the state are stretched thin due to several large fires still out of control and there is precious little left to assist Kitsap should something gets going in our neighborhood," he added.

The Phase 2 ban is being implemented across Kitsap, Mason and Pierce counties effective tomorrow and will stay in place until further notice.



***On Wednesday,
Chief Oliver presented
PM Eric Chamberlain
with his Helmet Shield!***

HR CORNER

Subject: 457 Plan Change for VOYA -- INFO

From: Eileen McSherry

Sent: Tuesday, September 05, 2017 11:37 AM

To: AllPersonnel

Importance: High

To All Employees,

We would like to bring to your attention a change that is upcoming to our Voya 457 Deferred Compensation retirement plan. We were recently notified that Voya will be adding a NEW fixed account to our investment option choices. With the addition of this new fixed account they will be "closing for new deposits" the current fixed account fund choices.

The new fixed account will credit an interest rate of 1.5%. The new fixed account crediting rate may be higher or lower over time but is guaranteed not to drop below the new Guaranteed Minimum Interest Rate (GMIR) of 1.00%. Our current fixed account fund choice credits a GMIR of 3.0%.

Any balances you have in an existing fixed account will be preserved and continue to have their current GMIR. The current GMIR fixed account will not be available for future deposits or transfers after 4 PM ET on November 3, 2017. You will be receiving further information on this change in the mail directly from Voya.

We know that this change may bring up questions and/or might cause you to want to discuss possible changes to your account (Voya or other 457 options) prior to the November 3rd date. **Please feel free to reach out to Karla either through email at karla.greer@voyafa.com, or her cell at 206.799.7681. She will also be visiting each shift the first week of October.**

Our Deferred Compensation plan is an important part of your future. Take the time to plan for your future.

Employment Opportunity

*Kitsap County EMS is hiring a **Part-time Admin Assistant***

Under the direction of the Executive Board Chair and Co-Chair, the Administrator is responsible for the daily operations of the Emergency Medical Services (EMS) Office including performing a variety of administrative and accounting duties which may be complex or confidential in nature. Additionally, this position serves as the liaison for the EMS Council and as the primary point of contact both internally and externally. The Administrator supports the needs of the Medical Program Director and Physician Delegates as requested. Interested applicants can email their resume to Chief Weninger: sweninger@ckfr.org

2017 KITSAP RESUSCITATION ACADEMY

SEPTEMBER 18, 2017

8:30 AM–9 AM: DOORS OPEN/REGISTRATION

9 AM–4:30 PM: TRAINING

LOCATION: HARRISON HOSPITAL, SILVERDALE



Cardiovascular disease is the **single greatest cause of death** in the United States. Each year upwards of a quarter of a million persons receive attempted resuscitation from cardiac arrest by healthcare providers. The prognosis of these arrests remains poor.

Join us for a one-day course of lectures, discussion, and demonstrations aimed at improving cardiac arrest survival in our Kitsap community. Some of the topics covered are:

- The science behind resuscitation
- Ten steps/Mantra's of CPR
- Dispatch assisted CPR
- High Performance CPR concepts/hands on
- Advanced resuscitation and ALS care

Some of the speakers include: Dr. Kudenchuk, Dr. Eisenberg, Dr. Roger, Mike Helbock, Kevin Bernt, and Dr. Carlbom.

ALL are encouraged to attend!
EMT, Paramedic, LPN, RN, PA, MD,
DISPATCH and many more!

Facilitator: Kevin Bernt

For questions, email kbernt@ckfr.org



Register at: <http://www.kitsapcountycpr.org/>

This is a **FREE** event with limited spaces.

Lunch and Beverages Provided

August Event Coverage

August was a big month for us! Thank you to all our Volunteers who contributed their time and helped make these events a success!

8/1: YMCA National Night Out

Steven Atkinson
Daniel Ide

8/12: Obliteride, Aid Crew

Tony Stewart
Ed Scholfield
Daniel Ide

8/12: Crosby Days Parade, Aid Crew

Valerie Quill
Aurelia Buhler-Flores

8/13: Crosby Days, Aid Crew

Valerie Quill
Daniel Ide

8/23: Kitsap County Fair

0900—1600:

Valerie Quill
Kyle Fields
Steven Atkinson
Lucero Conde
1600—2200:
David Brisbon
Lurcero C LULU
Ryver Kallstrom
Steven Atkinson

1800—2100: (Extreme Bulls)

Valerie Quill
Kyle Fields
Felix Crisostomo
Christina Bigelow

8/24: Kitsap County Fair

0900—1600:

Valerie Quill
1600—2200:
Dave Brisbon
Ryver Kallstrom
1800—2100: (Pro Rodeo)
Valerie Quill
Daniel Ide

8/25: Kitsap County Fair

0900—1600:

Valerie Quill
0900—1200: (Slack Rodeo)

James Thigpen
Aurelia Buhler-Flores

1600—2200:

Dave Brisbon
Steven Atkinson
M Hardy

1800—2100: (Pro Rodeo)

Valerie Quill
Daniel Ide

Fair Bike Team:

David Brisbon
Kyle Fields
Rueben Farley

Pub. ED Booth:

Kyle Davison

8/26: Kitsap County Fair

0900—1600:

Tony Stewart
Richie Danskin
Kyle Fields
Daniel Ide
Steven Atkinson

1600—2300:

David Brisbon
Steven Atkinson
James Thigpen

1800—2100: (Pro Rodeo)

Kyle Fields
Valerie Quill
Daniel Ide

8/27: Kitsap County Fair

0900—1300:

Tony Stewart
Kyle Fields
Daniel Ide
Valerie Quill

1300—1900:

Daniel Ide

1300 - 1600: (D-Derby)

Kyle Fields
Valerie Quill
Kyle Fields

Bike Team:

David Brisbon
Kyle Fields
Rueben Farley

Pub. Ed Booth:

Kyle Davison

8/31: Football at OHS, Aid Crew

Daniel Ide
Kyle Fields
Dave Brisbon

Our new Ladder 51 Build is in progress!

Photos from Hughes Fire



Baby Connor

Congratulations to Captain Tom Sullivan and his wife, Sarah on their new baby boy! Connor John Sullivan was born on Saturday at 1:07 PM at 8 lbs, 4 oz, 21" long. He is very healthy and the family is doing great!



BRUSH FIRE

This morning, at approximately 6:00 AM, Central Kitsap Fire and Rescue responded to a brush fire on the Clear Creek Trail, north of All Star Lanes.





Crews quickly got water on the fire. A picnic table and part of the boardwalk were destroyed. Fire is out and crews are currently overhauling the scene and ensuring there are no hot spots.



WEEKLY QUOTE

“Doubt kills more dreams than failure ever will.”

TRAINING SPOTLIGHT: PFF HORNER

Pictured is A-shift Probationary Firefighter Tyler Horner on the drill ground with E41, E45 and M41. Evolutions included wet forward hydrant and preconnect attack.



#2 (above): PFF Horner signals for E45 to "DRIVE!"



#1 (above): PFF Horner pulls 4" supply from E45 and advances toward hydrant.



#3 (above): PFF Horner making the hydrant connection.

#4 (left): PFF Horner waiting for the signal from the engine operator that they are ready for water.



#5 (left): Under the watchful eye of Lt. Bigelow, PFF Horner pulls the 1 ¾" preconnect . . . new hose is a bit slippery . . . but he held it together!



#6 (right): And, away he goes!!

5 LEADERSHIP SNACKS TO CHEW ON

July 5, 2017

Author: Scott Mabry

Source: <https://soul2work.com/2017/07/5-leadership-snacks-to-chew-on/>

1. **Lead one person at a time.** You may be responsible for a large organization but to make an impact think 1 to 1. Your vision, message, and actions can be tuned to the needs and goals of the individual people who will make the shared vision possible. Great speakers are advised to speak to an audience of one. The best leaders recognize that each person makes a difference.

People buy into the leader before they buy into the vision. —John Maxwell

2. **Start with the people closest to you.** Build a great core leadership team with shared values, the right skills, a common vision and a commitment to each other and you've done the most important work. Now teach them to build the same kind of teams within their organization and then replicate this at every level to multiply your leadership influence and impact.

The key to successful leadership today is influence, not authority. -Ken Blanchard

[Continue Reading](#)



Employee NEWSLETTER

Employee Assistance Program
September 2017

Tips from Your EAP on Wills: Simplifying the Uncomfortable Document

By Patrick Rice, LMHC, CEAP

There's a reason that "updating your will" is perennially on the bottom of your to-do list: the topic is uncomfortable, and maybe a little confusing.

Wills are an essential legal document for most people though, even those without children. With a little bit of research, this topic can be less overwhelming as you get a better idea of just how wills work. Below are some basics about wills, including questions that you may want to ask sooner, rather than later.

Basics of Wills

- You must declare that the document you are signing is your will.
- Your signature must be witnessed by others – usually 2-3 witnesses – who must sign the will in each other's presence.
- Each state has its own requirements for how signatures must be worded.
- The most common and accepted will is a self-proving will, which is one where that has been witnessed and signed in accordance with state law.

Details to Put in Wills

- That you are of sound mind as you are reading and signing the will
- The names, locations, and dates of birth of your immediate family, including your spouse and all children, even adopted children
- Appointment of a guardian and alternate guardian for any minor children
- A list of who should inherit specific items of property. Instructions for this list may vary by state
- What will happen to any remaining property that isn't specifically mentioned by you
- Who will be your "executor," or the person responsible for carrying out the directions in your will

When Should I Update My Will?

- If you marry or divorce
- If you give birth to or adopt a child
- When a family member or other beneficiary of your estate dies
- When someone you've named as an executor, trustee or guardian is no longer able to fulfill that role
- When you decide to change an executor, trustee, or guardian
- When you want to change the way your property will be distributed
- When you move out of state
- When your net worth increases dramatically

Continued on the next page.

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Continued from the previous page.

Additionally, you should keep your will in a safe place, such as a bank safe deposit box or a fireproof safe at home. You should also let relevant parties know where your will is located and how to access it. You'll want to designate your executor to have access to your safe deposit box, as many states put a freeze on safe deposit boxes after the owner dies.

In addition to the confusion it brings, writing a will can be a sobering experience, but a necessary one. Many people will find some peace of mind knowing that their loved ones will be taken care of, and having a will early will save you trouble later in life.

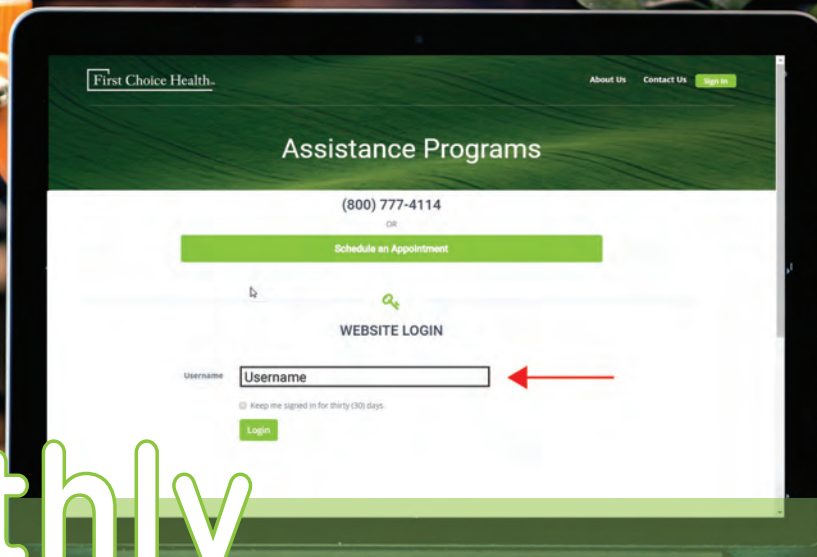
If you feel lost, remember to check out your EAP website at www.firstchoiceeap.com. Not only does your website have some great information on preparing wills, but it also has several hundred ready-made legal forms for download. Ultimately, we recommend that you consult with an attorney before finalizing a will; however, knowing the basics of wills can help you better understand the process overall, enabling you to feel prepared for when it's time to have that big conversation.

References:

Legal Information provided by www.lawyers.com – Martindale-Hubbell, 2014



FREE



Monthly WEBINAR

Employee Assistance Program
September 2017

1hr
WEBINAR

Involvement and
Engagement

TUESDAY, SEPT.
19th - 9AM PT

Register early online.
Space is limited.



Do you ever ask yourself, "What can I DO today to change my life for the better?"

Thankfully, research supports that there is something we can do about it, and it's actually quite easy. In this session, we will explore two actionable concepts that you will enjoy adding to your daily/ weekly routine and that will help you live a happier, positive, purposeful life!

Join us **Tuesday, September 19th at 9AM PT** and develop involvement and engagement skills.

Go to www.FirstChoiceEAP.com and enter your company's Username (if you don't know it, call or e-mail us). Click on the **Webinars** tab in the middle of the page to register and view archived programs.

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