



# CKFR WEEKLY

ISSUE: 06/23/2017

CENTRAL KITSAP FIRE & RESCUE

*TRAINING-DRIVEN: This week, Captain Tom Sullivan was hanging out at Rescue Systems 1 Training! There are many more training photos in this issue!*





# UPCOMING EVENTS

Thu. Jun 22	CKFR's 75th Anniversary
Mon. Jun 26	BOC Study Session, Admin Building (4 PM)
Tue. Jul 4	Independence Day (Admin Office Closed)
Mon. Jul 10	BOC Regular Meeting, Admin Building (4 PM)

## DEPARTMENT DIRECTIVE 17-003

(DC OLIVER—6/20/17)

### 75TH ANNIVERSARY PINS—TEMPORARY MODIFICATION OF SOP 6-23

In recognition of Central Kitsap Fire & Rescue reaching a milestone of dedicated service to the community, we will be issuing to all personnel 75<sup>th</sup> Anniversary lapel pins. Wearing this pin is optional, however, if worn; the pins will be proudly displayed within the following parameters for the remainder of the 2017 calendar year.

#### Uniformed Personnel:

- The pin will be worn on Class B uniforms and in lieu of the union pin if applicable.
- The pin will be located on medial side of right front pocket flap (*see: I was a Paramedic*).

#### Non-Uniformed Personnel:

- The pin will also be worn on the medial side of the right front pocket when applicable.
- If you are wearing clothing that does not have pocket flaps you will wear the pin on upper right quadrant of your ensemble.



# CKFR SHOP SUMMARY

Over the last couple of weeks in the Shop, the following improvements were made:

- Took delivery of F250 pickup to become the new BC buggy
  - Ordering the canopy, slide out, lighting package, center consul, radios
- Purchased a new van for Roger
  - Ordered ladder rack and shelving units for the inside
- Preparation for delivery of three new ambulances from Braun Northwest on 06/28
- E56X PM
- E51 PM
- E41 fuel float repair
- A64 PM
- A45 PM and new rear brakes
- PIO car PM
- PM'd lift
- Chicken, PIO, dump, TRT, trailers PM'd
- Sealegs boat repair and decal instillation
- 5104 car fuel pump repair
- E50 compartment reorganization
- E45 Holmatro power unit repair
- Spec Committee work on HDR, Tender and Engines
- Ladder 51 parts due to arrive at Hughes late this month.
  - Repair to be scheduled in early July. It should take about 2 weeks.
- Outside work on the PSTRAXX alerts

## NON-EMERGENT COMPLAINTS: 360-307-5811

Due to the heavy workload associated with the 4<sup>th</sup> of July holiday, law enforcement agencies must triage their workload and their ability to respond based on the level of threat to safety of citizens and property. For this reason, all Kitsap County law enforcement agencies will not be responding to firework complaints that pose no imminent threat to life or property. This allows personnel resources to be utilized for emergency responses. Citizens may call their local law enforcement office during business hours for further information on responses to firework complaints in their area.

To avoid overwhelming the 911 system over this year's Fourth of July holiday, KITSAP 911 is encouraging the public to call **360-307-5811** with non-emergent complaints. From Friday June 30, 2017 at 1 PM through Wednesday July 5, 2017 at 7 AM, that number will ring into the 911 center but calls will be handled as a lower priority than 911 emergency calls.



# EMS CORNER

## 2017 Kitsap Resuscitation Academy

Due to multiple requests and the need to refresh on High Performance Resuscitation and the science behind these skills, I have put together another Kitsap Resuscitation Academy that will put a greater emphasis on practical application with lecture highlights from Dr. Kudenchuk and Dr. Eisenberg out of UW/Harborview Medicine. I do hope that everyone makes an effort to attend! I have once again made the attendance free to encourage attendance. More details on the flyer!

Lead PM Kevin Bernt



# 2017 KITSAP RESUSCITATION ACADEMY

## SEPTEMBER 18, 2017

**8:30 AM–9 AM:** DOORS OPEN/REGISTRATION

**9 AM–4:30 PM:** TRAINING

**LOCATION:** HARRISON HOSPITAL, SILVERDALE



Cardiovascular disease is the **single greatest cause of death** in the United States. Each year upwards of a quarter of a million persons receive attempted resuscitation from cardiac arrest by healthcare providers. The prognosis of these arrests remains poor.

Join us for a one-day course of lectures, discussion, and demonstrations aimed at improving cardiac arrest survival in our Kitsap community. Some of the topics covered are:

- The science behind resuscitation
- Ten steps/Mantra's of CPR
- Dispatch assisted CPR
- High Performance CPR concepts/hands on
- Advanced resuscitation and ALS care

Some of the speakers include: Dr. Kudenchuk, Dr. Eisenberg, Dr. Roger, Mike Helbock, Kevin Bernt, and Dr. Carlborn.

ALL are encouraged to attend!  
EMT, Paramedic, LPN, RN, PA, MD,  
DISPATCH and many more!

**Facilitator: Kevin Bernt**

**For questions, email** [kbernt@ckfr.org](mailto:kbernt@ckfr.org)



Register at: <http://www.kitsapcountycpr.org/>  
This is a **FREE** event with limited spaces.  
*Lunch and Beverages Provided*



# FISHING DERBY

On Saturday, CKFR crews were out at the Island Lake Fishing Derby to talk about water safety, watch the kids catch fish, and meet some future firefighters!







Pictured: These cuties at the Silverdale KinderCare are ready to respond!



## TECH RESCUE DRILL AT RETSIL VETERANS HOME

On June 15, members of the Region 2 Technical Rescue Team, (made up of members from South Kitsap Fire & Rescue, Bremerton Fire, Navy Region Northwest Fire, Bainbridge Island Fire, North Kitsap Fire & Rescue, Poulsbo Fire and Central Kitsap Fire & Rescue) held a drill at one of the buildings set for demolition at Retsil Veterans Home in Port Orchard Washington.

The drill simulated workers caught in a collapse in the building and the only access was through windows. Shoring is used to support windows, ceilings and walls to prevent further collapse while team members attempt to access the trapped workers. Despite the constant drizzle and rain, the drill was a success.

Retsil Veterans Home has made this building available on several occasions in the past 12-18 months for multi-agency drills for fire training as well as this latest drill for technical rescue.

Captain Stebor, 56B





## VEHICLE OVER EMBANKMENT

Last Friday on Tracyton Beach Road, CKFR units responded to a vehicle over an embankment with one person entrapped. E41, E45, E50, M41, R51 and BN51 arrived to find one vehicle approximately 15' below the roadway in dense brush with a patient still in the vehicle. Crews accessed the patient, determined that they had minor injuries, and placed them in a Stokes basket and used a rope rescue system to haul them back up to the roadway. The patient was then treated and transported by M41 crews.







## MARINA FIRE TRAINING

Earlier this week, C-Shift trained at the Brownsville Marina.







## RESCUE SYSTEMS 1

PM McCracken and Capt. Sullivan attended a 40-hour class at the BTC.



# PFF PRACTICAL EXAM

Training Lieutenant Mark Giannobile organized an end of probation practical exam for Probationary Firefighters: Alex Johansen, Robert Pierson, Jeff Stanley, and Carl Tesch.



Four evaluation stations were set up that tested their knowledge and proficiency in approximately 14 different skills. All the hard work these individuals put in over the last 14 months paid off with passing scores for this rigorous exam.





We would like to sincerely thank all the Officers, Mentors, and fellow Firefighters who helped them achieve the high proficiency level that is expected of our personnel.



The Training Division would also like to thank the evaluators who included: DC Danskin, Lt. King, Lt. Tollefson, Firefighter Rye, Lt. Madison, AO George, PM Cooper, BC Platz, and AO Putnam for their help.





# A new Golden Rule for leadership



**Michael J. Berens**

Thursday, June 01, 2017

Leaders and managers seeking to engage, motivate and retain employees should consider adopting a slightly revised version of the Golden Rule.

"Manage others as you want to be managed" is the lesson that can be drawn from a recent study of the relationship between varying degrees of work autonomy and levels of employee satisfaction and perceived well-being. The findings indicate that a traditional top-down, command-and-control management style — still widely in use — is counterproductive in many of today's businesses.

Researchers at the University of Birmingham Business School compared data collected in two separate years from some 20,000 employees in the United Kingdom in order to examine employees' reported changes in well-being relative to levels of work autonomy.

Their analysis found that those in management reported the highest level of autonomy, with 90 percent saying they experienced "some" or "a lot" of autonomy, along with high levels of perceived well-being and job satisfaction. Professionals reported having lower levels of autonomy than managers. Around 40 to 50 percent of mid-level employees reported they had little autonomy, and half of those in lower skilled jobs reported no autonomy in how they carried out their work.

The researchers found corresponding declines in job satisfaction and perceived well-being as levels of work autonomy decreased.

In particular, the study found, employees want greater control over their work tasks and schedule. The study also found that the types of autonomy employees prized varied by position and gender.

[Continue Reading](#)





# Social Security 101

Everything you wanted to know.



Securing today  
and tomorrow

A **FREE** workshop from Social Security.

- When are you eligible to receive retirement benefits?
- How does early retirement affect your benefits?
- Do you qualify for disability, survivors, and spouse benefits?
- How do you get the most from your benefit?
- What is the future of Social Security?
- When should you file for Medicare?

Learn how to use **my Social Security** online account and other online services. You should go to [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount) to create a **my Social Security** account and print out your *Social Security Statement* **before** attending the workshop.

## Speaker:

**Kirk Larson** is the Washington Public Affairs representative for the Social Security Administration. He has worked with the agency for over 25 years in both technical and supervisory roles. Kirk has presented Social Security information in both the Seattle and San Francisco Regions. He has had several articles published, and has appeared on TV and radio shows to discuss Social Security topics.

## Event Coordinator:

Erin Neff, Kitsap County Human Resources  
360-337-4447

**County employees** - register via Halogen.

## Location:

Commissioners' Chambers, Kitsap County  
Administration Building  
619 Division Street - Port Orchard, WA

## Date:

July 25, 2017

## Time:

11:00 a.m. - 12:00 p.m.