

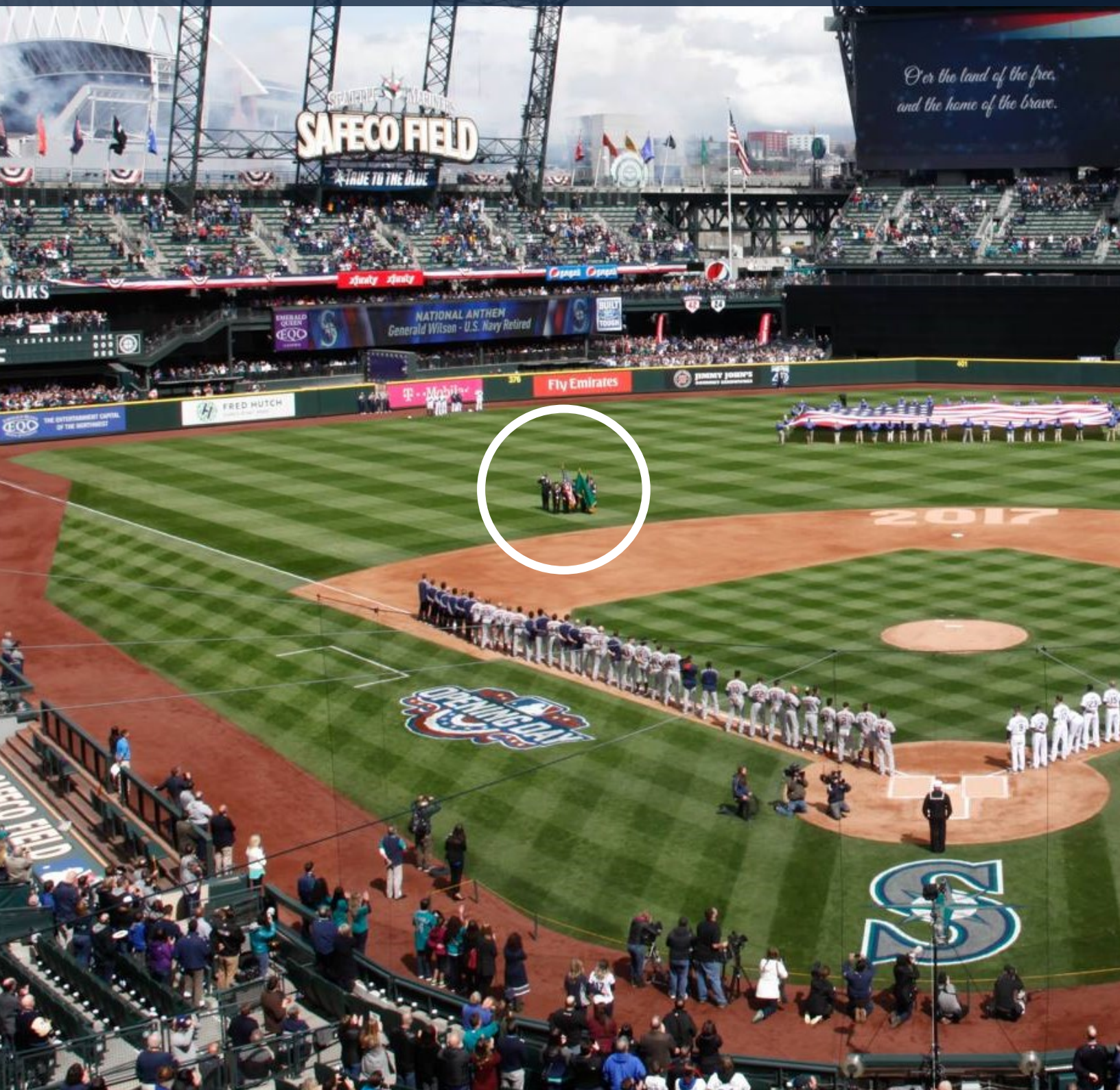
CK Weekly

ISSUE: 04/14/2017

CENTRAL KITSAP FIRE & RESCUE

Play ball!

The Local 2819 Honor Guard was invited by the Mariners to present colors at the Home Opener on Monday!



CENTRAL KITSAP FIRE & RESCUE

Annual Awards Night

APRIL 19, 2017 @ STATION 41 (5PM)

Keynote Speaker:

REAR ADMIRAL
JOHN. W. TAMMEN



Pulled Pork, Smoked Chicken, & Brisket!



Olie & Gator's OYSTER BAR

Oysters donated by Erlands Point Oysters

Meet our Keynote Speaker

REAR ADMIRAL JOHN W. TAMMEN, JR.
COMMANDER, SUBMARINE GROUP 9



Biography was retrieved
from this [link](#).



Meet Rear Admiral Tamm
at the CKFR Annual Awards
Night on April 19 (Station 41)!
Dinner—5 PM
Presentations—6 PM

Rear Adm. John Tamm is a native of Washington Township, New Jersey. He graduated from Rensselaer Polytechnic Institute in 1984 with a Bachelor of Science in Mechanical Engineering and earned his master's degree in engineering management from Old Dominion University.

His career as a nuclear submarine warfare officer includes assignments aboard USS Plunger (SSN 595) as a division officer, USS Nevada (SSBN 733) as the engineer officer and then USS Providence (SSN 719) as the executive officer. Subsequent command assignments include commanding officer of USS Georgia (SSBN/SSGN 729), from March 2002 until December 2004, and commodore of Submarine Squadron (SUBRON) 19 from July 2008 until July 2010.

Ashore, he has served as officer in charge of Combat Systems Training Team on the staff of Commander, Submarine Group 5; squadron engineer on the staff of Commander, SUBRON-17; Force Nuclear Power officer for the Atlantic Submarine Force; executive assistant to the director Submarine Warfare Division, Office of the Chief of Naval Operations (OPNAV N77); deputy division chief for Joint Capabilities Division (Joint Staff J8); section head for Platforms, Payloads and Budget in Undersea Warfare (OPNAV N97); military assistant and chief of staff for the Assistant Secretary of Defense for Operational Energy Plans and Programs (OEPP), the Honorable Sharon Burke; and deputy director for Undersea Warfare (OPNAV N97).

As a flag officer, he served as the deputy director, Plans and Policy (J5) at U.S. Strategic Command.

Tamm is currently the commander, Submarine Group 9, Naval Base Kitsap, Washington.

His personal decorations include Defense Superior Service Medal (two awards), Legion of Merit (four awards), Defense Meritorious Service Medal, Meritorious Service Medal (two awards), Navy Commendation Medal (five awards), Navy Achievement Medal (two awards) and various unit awards.

Updated: 19 July 2016

FIRE TRAINING ACADEMY

Graduation



YOU ARE CORDIALLY INVITED TO ATTEND
THE GRADUATION CEREMONY
OF OUR PROBATIONARY FIREFIGHTERS

Will Clewellyn

Michael Smith

Mackinley Holt

Jeff Wright

Snoqualmie Ridge Golf Course

36005 SE RIDGE ST., SNOQUALMIE, WA 98065

APRIL 21, 2017 AT 10:00 AM

UPCOMING EVENTS

- Wed. Apr 19 CKFR Annual Awards Night, Station 41 (5 PM)
- Fri. Apr 21 Fire Training Academy Graduation for PFFs,
Snoqualmie Ridge Golf Course (10 AM)
- Mon. Apr 24 BOC Study Session, Admin Building (4 PM)
includes presentations for our 2 new FF/EMTs!
- Mon. May 8 Annual Fire Extinguisher Inspections (through May 12)
- Mon. May 8 BOC Regular Meeting, Admin Building (4 PM)



To: ALL PERSONNEL

From: Eileen McSherry

Date: Wednesday, April 12, 2017

Please see the attached updated SOP on the federal Health Insurance Portability and Accountability Act (HIPAA), housed under the Medical Division on CK Share. A policy and procedures manual that provides more detail will be distributed to each station by our CKFR Medical Officer who will conduct training on this subject in the last quarter of the year. That information will also be housed under the Medical Division for future reference.

Open [HIPAA Privacy Policy SOP 10-02.pdf](#)

[Follow](#) this document to get updates in your newsfeed.

HR CORNER

To: ALL PERSONNEL

From: Lindsay Anderson

Date: Friday, April 7, 2017

We have updated the Use of District MPR's SOP and the MPR Guidelines. Please take the time to review.

Open [Use of District MPRs.pdf](#)

Open [Multi-Purpose Room \(MPR\) Guidelines.docx](#)

To: ALL PERSONNEL

From: Eileen McSherry

Date: Thursday, April 13, 2017

Since the SOP review and posting process moved to Human Resources, we have been working to clarify and simplify the way these documents are created and communicated with you. We realized that significant overhaul was required to meet that goal. As the result, the former "Procedures for Developing SOP's" has been broadened to include how to create and revise all Official District Documents. It is now called "Development and Communication of Official District Documents." There are several changes in our process to note, including:

- A review or revision of these documents is required every two years by the appropriate Division Head responsible for the policy or procedure.
- Templates for all of these documents have been standardized and can be found on CK Share via the drop down menu under the "Official District Documents" tab.

All District SOP's can be navigated to on CK Share by selecting the Official District Documents tab, click on the link to Standard Operating Procedures (SOP's). Once on the SOP site page, you will see several folders for different divisions. You can search in each folder, or search key words in the search box directly above the folder list.

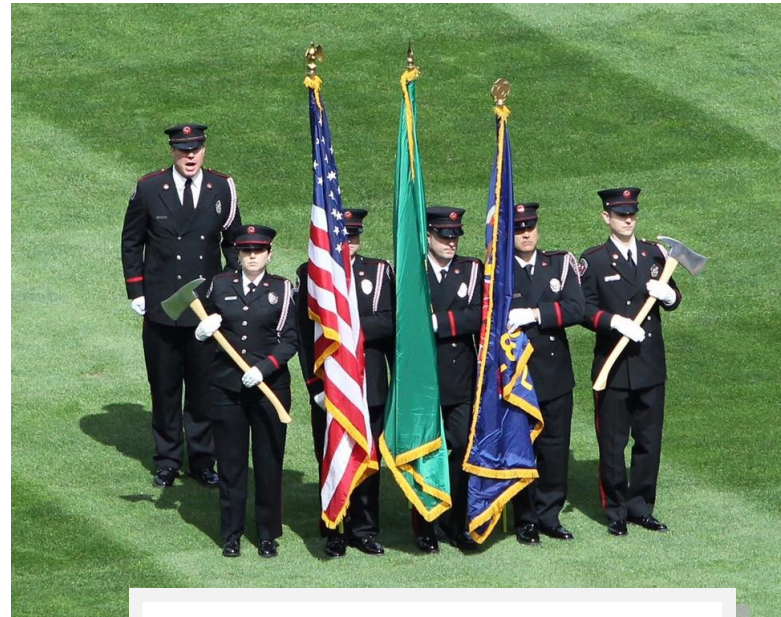
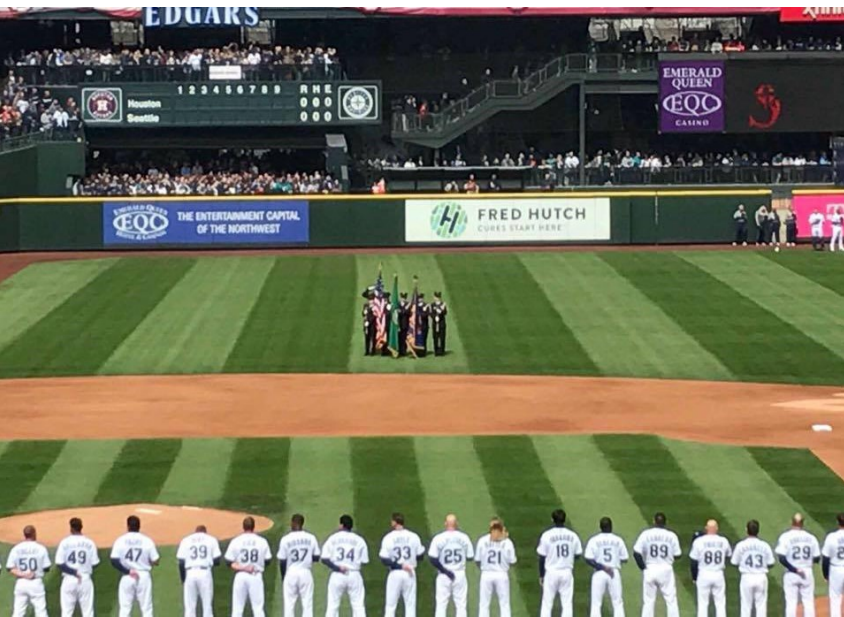
Please review the new SOP by clicking this link: [Development and Communication of Official District Documents.docx](#).

A big thanks to Lindsay for her work on this project and to Serena and Brett for a great job redesigning the templates!



Mariner's Home Opener welcomes our Local 2819 Honor Guard

The Local 2819 Honor Guard was invited by the Mariners to present colors at their Home Opener on Monday, April 10th against the Astros. If you were watching, you might have saw our members Giove, Good, Crosby, Mahoney, LiMarzi, and Rye on TV!



Mariners vs Astros

Final - Monday, April 10, 2:10 PM
Safeco Field



Houston
Astros (4-4)

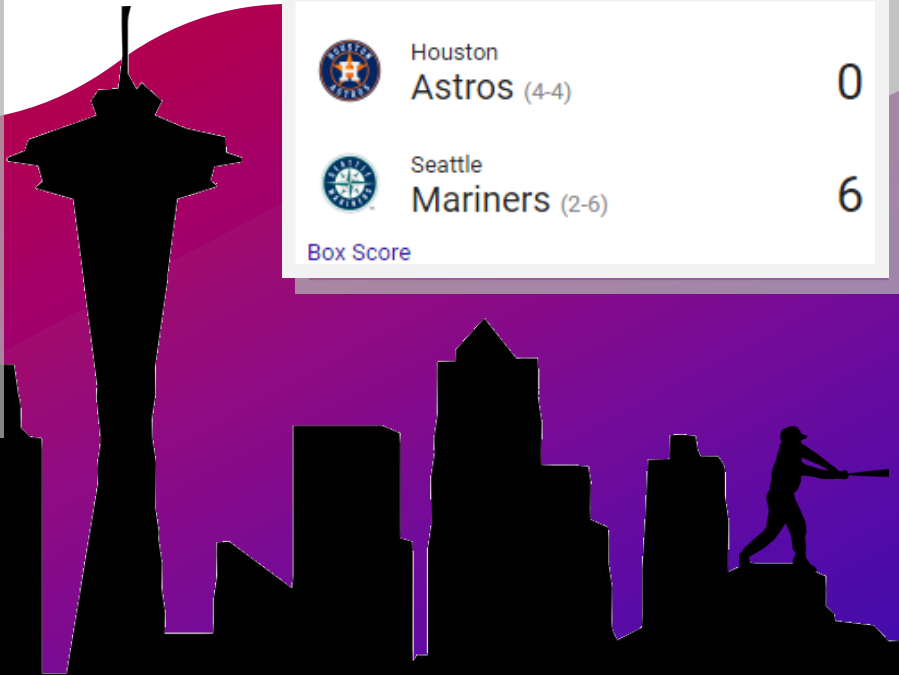
0



Seattle
Mariners (2-6)

6

[Box Score](#)



CONGRATULATIONS TO...



Lt. Tom Sullivan!

Tom was just accepted into Gonzaga University's Masters Program for Organizational Leadership! Way to go, Tom. The Master's in Organizational Leadership challenges students to develop advanced leadership practices, personnel management, conflict resolution, team building, and communication abilities.

Finance Director, Tim Maule!

This week, Tim was notified that he passed his last test and will soon become a Certified Management Accountant (CMA)! The CMA designation is administered through the Institute of Management Accountants (IMA) and is a globally recognized standard for management accountants and finance professionals.



A/O Ryan Crosby!

We just received word from the King County Fire Training Officers Association informing us that Ryan has completed the Officer Development Academy. Great job, Ryan!



KITSAP COUNTY CENTRAL COMMUNICATIONS

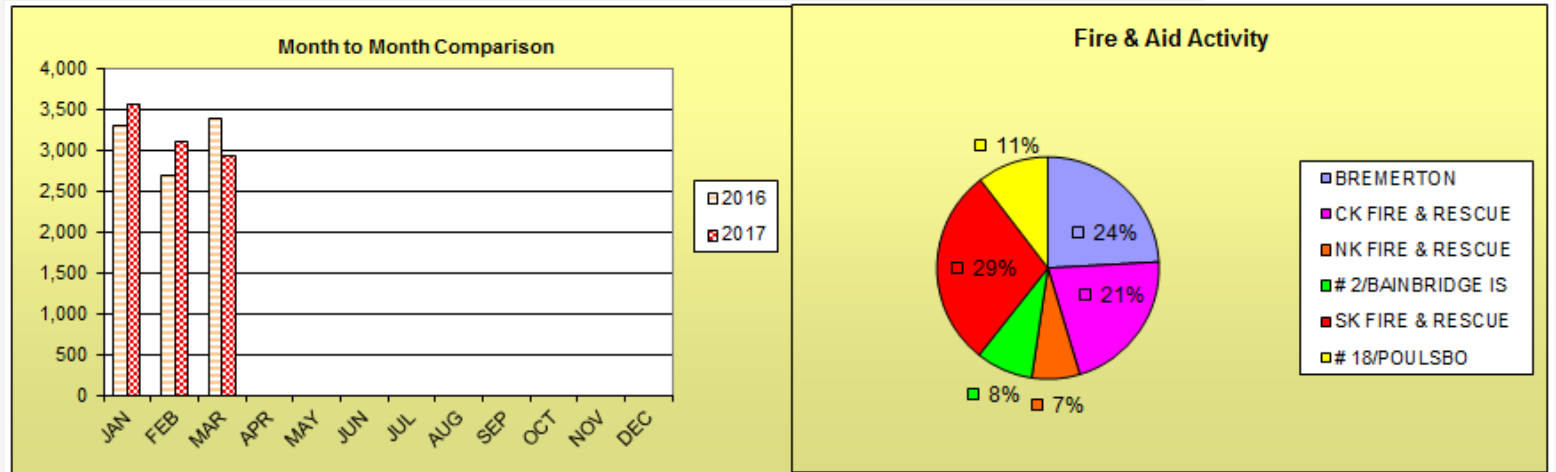
2017 FIRE & AID ACTIVITY REPORT

MARCH END OF MONTH

April 10, 2017

FIRE DISTRICTS

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	2017 Y-T-D TOTAL	2016 Y-T-D TOTAL	% change
BREMERTON	792	673	737										2,202	2,097	5.01%
CK FIRE & RESCUE	672	667	601										1,940	1,888	2.75%
NK FIRE & RESCUE	234	202	202										638	696	-8.33%
BAINBRIDGE ISLAND	269	234	256										759	702	8.12%
SK FIRE & RESCUE	945	938	757										2,640	2,400	10.00%
POULSBO	305	317	329										951	811	17.26%
Subtotal	3,217	3,031	2,882	0	0	0	0	0	0	0	0	0	9,130	8,594	6.24%
MISC (ALRTE, TONE, TESTF)	345	76	44										465	425	9.41%
Total Events	3,562	3,107	2,926	0	0	0	0	0	0	0	0	0	9,595	9,019	6.39%
	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
**NKFR/PORT GAMBLE	11	16	23										50	51	-2%



Delivery Update on New Medic Units

Braun NW—the supplier of our current medic units has moved up our delivery schedule to June!



WEEKLY QUOTE

"The reason most people never reach their goals is that they don't define them, or ever seriously consider them as believable or achievable. Winners can tell you where they are going, what they plan to do along the way, and who will be sharing the adventure with them."

Dennis Watley

The New Radios Have Arrived

Some Basic Information on the New Motorola Portable Radios



By Lieutenant Steve Davison



XE RSM (Extreme Remote Speaker Microphone)

- Ruggedized with Xtreme Temperature Cable to withstand up to 500°F environments.
- Strobe light activates when emergency button is pressed.
- IP68 rating for waterproofing (3 foot submersion testing) for increased reliability.
- LED light on front provides additional illumination options.
- Large recessed emergency button provides easier operation and reduced accidental trips.
- Volume controls on the RSM.
- Large speaker delivers audio that is over 50% louder than our current models with improved clarity.

Motorola APX6000 P25 Radio

- Bluetooth enabled for interface with Self Contained Breathing Apparatus mask. This will greatly enhance voice communications for firefighters and improve safety.
- Allows for earpiece and other accessories
- Greatly increased ruggedness improving reliability over current portable radios.
- Dual latch battery improves impact resistance
- Tempered glass display protects LCD display and improves visibility
- Aluminum Alloy construction
- Ergonomics designed for firefighters
- Large buttons and knobs for ease of use while wearing structural firefighting gloves
- Body shape and grip gnurls make it easy to grip even with wet or slippery hands
- Top display alloys for quick access to radio status information (channel, zone)
- Audio speaker and microphone enhance volume and clarity
- Drop in chargers for the apparatus (radio goes in charger cradle without removing and swapping batteries). Spare batteries with charging cradles for the fire stations.
- state-of-the-art Li-ion batteries
- Improved battery life and endurance
- Improved radio reliability





Air Ambulances: Taking Patients for a Ride

For-profit air-ambulance companies too often pick up people who don't need air transport—and leave families with huge bills that insurance won't pay

By Donna Rosato
April 06, 2017

Source: <http://www.consumerreports.org/medical-transportation/air-ambulances-taking-patients-for-a-ride/>

Jennie Stout, a nurse in Ocala, Fla., was finishing an afternoon shift when she got a panicked call from home. Her 13-year-old daughter, Ashlyn, had tripped and fallen into smothered embers left over from burning leaves in their backyard, scorching her hands, knees, and shins.

Ambulance paramedics on the scene when Jennie arrived said that Ashlyn should be sent by helicopter to a burn center in Gainesville for fast treatment.

Jennie was surprised: The hospital was only about 40 miles away and the burns didn't seem extensive to her. But in that situation, she recalled, "I'm a mom first," so she didn't question the decision.

Ashlyn left the hospital after four days and was back at school within two weeks. The Stouts' insurer, Blue Cross and Blue Shield, covered her hospital bills and outpatient therapy.

But two months later, the family got another shock: A notice from Med-Trans, the air-ambulance company, telling them that the transport was \$24,000.

It turns out that medical-emergency helicopters are often ["out of network"](#) and not fully covered by insurance. Blue Cross and Blue Shield paid only \$5,700, leaving the family with the balance: \$18,300.

Today, four years after the accident, Ashlyn has only a few minor scars. But the unpaid balance has left a lasting mark on the family. They hired a lawyer to challenge the bill, which has now gone to a collection agency.

And the debt has hurt Jennie's credit score, making it more difficult to get a loan for needed repairs to the aging roof on the family's house.

"I have never not paid a bill in my life," Jennie says. "I am not paying a dime because on principle the whole thing is just wrong."

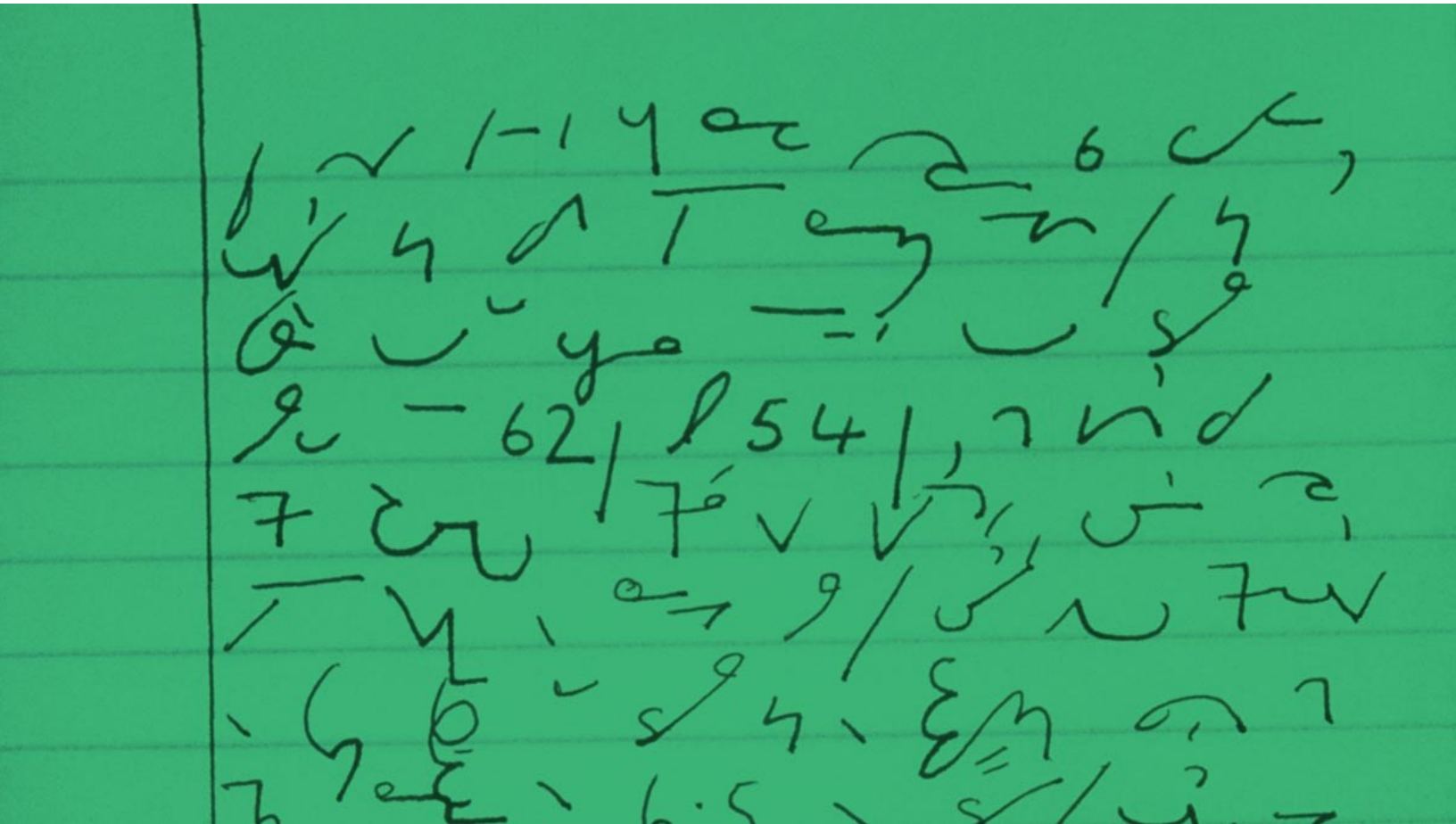
[Continue reading](#)

Become a Better Listener by Taking Notes

By Sabina Nawaz

March 24, 2017

Source: <https://hbr.org/2017/03/become-a-better-listener-by-taking-notes>



Team dynamics can make or break a meeting. Have you ever been in a meeting where people interrupt each other, introduce new ideas when they should be building on the conversation, and repeat someone else's point just to be heard? These communication issues waste time and energy, and usually lead to more meetings to correct misunderstandings, reiterate decisions, or soothe hurt feelings and interoffice tensions.

But there is one thing you can do that can make a significant difference to improving the [quality of time](#) you spend in meetings: Listen. By improving the way you listen and understand others in meetings, you can make that time more productive by reducing repetition and misunderstandings.

If simply listening can solve so many problems, why is it so hard to practice? One reason is we're listening to interrupt with our ideas or rebuttals. We listen so we can jump in with our perspective. Or we're worried we'll forget what we want to say if we listen for too long. We focus on our own communication, rather than listening to understand others.

[Continue reading](#)



SELF RESCUE TRAINING

Here are some pictures from the FF Self-Rescue training on Sunday. It was organized by Captain Dennis Elliott. Evolutions featured ladder slides and SCBA bottle bail-outs.

— Battalion Chief Greg Platz



MEATBALL JOHN RULE:
NEVER FORGET THE COFFEE



Meatball John

On Wednesday, John came back one last time to feed Admin Staff his famous (literally) meatball subs. He did so while sporting the apron that our members had custom-made for him!

Earlier this week on Monday at the Board Meeting, Chief Weninger awarded John a Citizen Action Award Certificate for his generosity and contributions displayed to our members.





MEATBALL JOHN'S APRON
The Original



Check out this wall-mounted table that was handmade by A/O Tony Giove! You can find it at Station 51. The Diamond plate and bell came off of old rigs.

Great work, Tony!