

CK Weekly

ISSUE: 03/17/2017

CENTRAL KITSAP FIRE & RESCUE

On Sunday, PM Doug Bekenyi, PFF Robert Pierson, and Volunteer Linda Jenkins climbed their way up 69 flights of stairs at the Columbia Center for the 26th Annual Scott Firefighter Stairclimb. This annual fundraiser is open solely to firefighters and benefits The Leukemia & Lymphoma Society.



More info about the Stairclimb Fundraiser can be accessed by going to the [LLSWA page](#).



Team Roster

  Douglas Bekenyi

 Linda Jenkins

Robert Pierson

Team Gifts

Raised

\$2,500

\$2,502

\$472

\$0

 Denotes a Team Captain

Team Progress

54%

of Goal
\$10,000.00

\$5,475
Raised



Team Central Kitsap raised a total of \$5,475! You can still donate by going to the [team page](#).

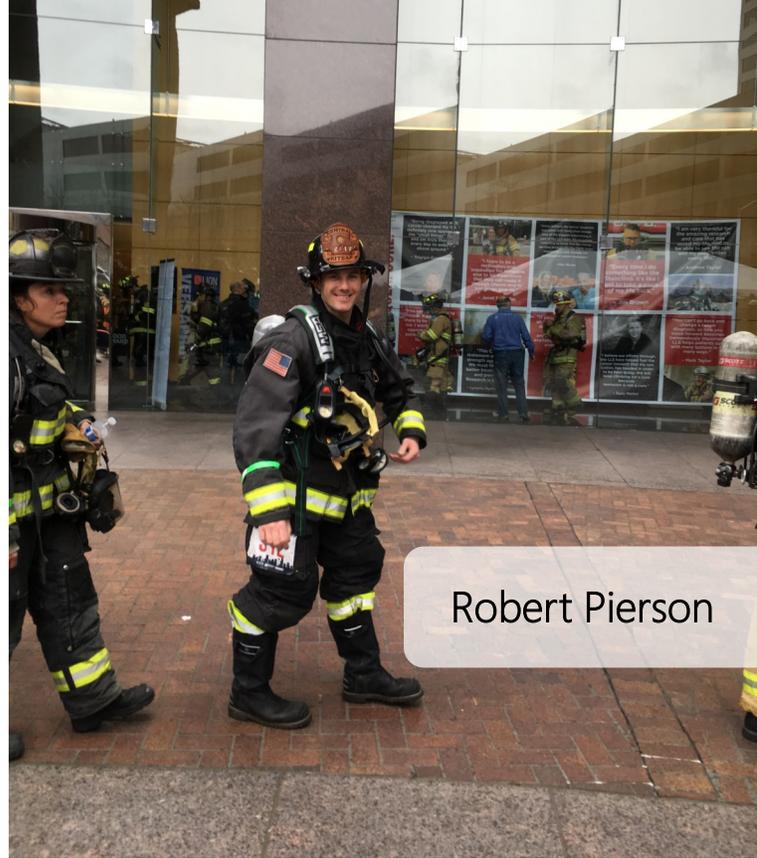
Now in its 26th year, this event has raised over \$12 million for the Leukemia & Lymphoma Society. The fundraising goal for 2017 is \$2.5 million!



Team Captain
Doug Bekenyi



Linda Jenkins



Robert Pierson

While completing the climb is a physical triumph in itself, it is also symbolic of, but pales in comparison to, the strenuous journey that all cancer patients endure. As firefighters race to the top of Seattle's tallest building, they keep in mind that every step forward is symbolic of moving towards finding a cure for all those battling a blood cancer.

LLSWA

The [Kitsap Sun](#) has a photo gallery available of Bremerton firefighters participating in the Stairclimb who adorned their helmets with photographs of FF/PM Jimmy Hendryx, who lost his battle with non-hodgkin's lymphoma earlier this year.





UPCOMING EVENTS

- Fri. Mar 17 Saint Patrick's Day
- Fri. Mar 17 Benevolent Fund Fundraiser, Cloverleaf Sports Bar & Grill (12 PM-12 AM)
- Mon. Mar 27 BOC Study Session, Admin Building (4 PM)
- Mon. Apr 10 BOC Regular Meeting, Admin Building (4 PM)
- Wed. Apr 19 CKFR Annual Awards Night, Station 41 (5 PM)

kitsap fire fighters
benevolent fund



CLVERLEAF
Sports Bar & Grill

This year, the Benevolent Fund will have **Commemorative Pint Glasses** honoring **Bremerton FF/PM Jimmy Hendryx** along with a 50/50 Raffle. Please invite your family and friends and support the Benevolent Fund!



WEEKLY QUOTE

"A year from now you may wish you had started today."
Karen Lamb



CKFR

Annual Awards Night

April 19, 2017 • 5:00 PM @ Station 41

Thank you all for your donations and nominations for this event!

REMINDER: TOUGH MUDDER

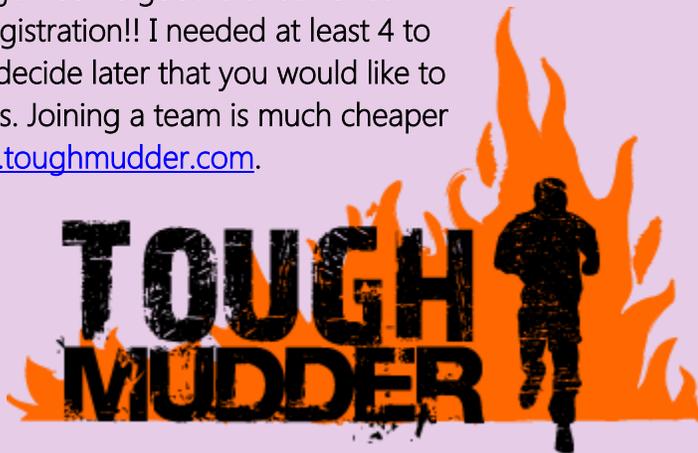
I would like to begin our team registration NLT April. If you have decided to challenge yourself to this event for a personal goal, confidence, team building or just some good old fashioned dirty fun, please send me your \$ money and I will begin our registration!! I needed at least 4 to start the team and we have accomplished that thus far. If you decide later that you would like to join, that is not a problem so long as they have available tickets. Joining a team is much cheaper than individual tickets. If you need some inspiration, visit: www.toughmudder.com.

Date: September 17th (Sunday Funday)

Price: \$158.30 (team)

\$186 Individual

Contact: Amanda Rohr (360) 204-0028



Toxicology Training



Dr. Garrard

April 18 - 9:00am-11:30 am

at the CKFR Administration Building

5300 NW Newberry Hill Road- Suite 101, Silverdale, WA

FREE TRAINING – 2.5 hours Toxicology CE

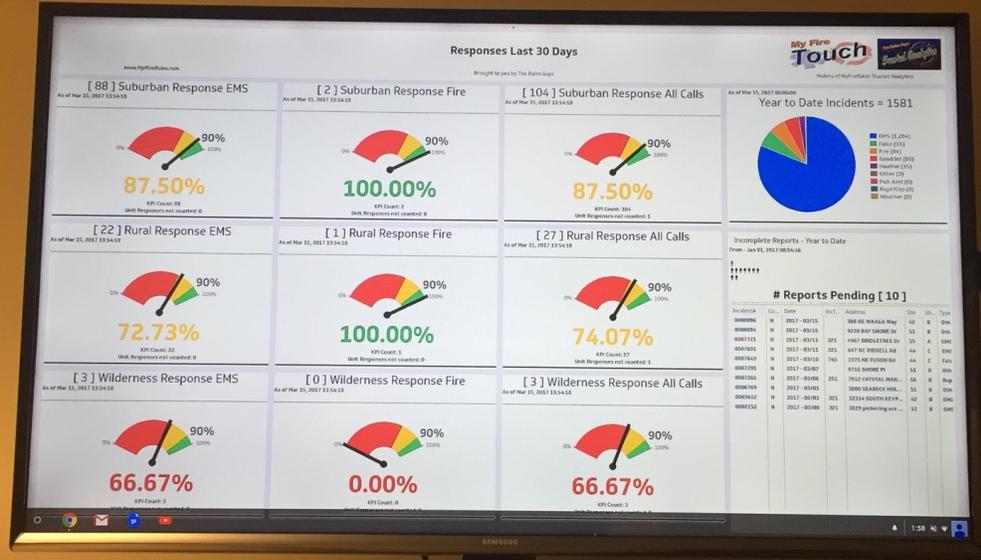
2.5 HOURS OF Vices, Poisons, and Overdoses affecting our region - TRAINING FROM THE EXPERTS AT THE WASHINGTON POISON CENTER

- Washington Poison Center's Clinical Managing Director Dr. Alexander Garrard says prescription pain pill abuse is especially spiking in our region.
- Additionally, Dr. Garrard has noted that people are increasingly abusing what they can easily get their hands on, and the vices are growing. He says over the counter medications are becoming increasingly dangerous as people report taking them in extremely high doses.
- "It's the new stuff like bath salts, synthetic marijuana, even drugs like Imodium and Benadryl," said Dr. Garrard, adding "You would never think they could be abused, but they are actually starting to be abused now."
- The poison center notes that over using cough suppressants, a trend known as "robo-tripping," has become especially prevalent among high schoolers in our state.

Please RSVP your spot for the training by emailing KEVIN BERNT AT KBERNT@CKFR.ORG

RMS DASHBOARD

PM Muscolo has been working tirelessly on our new *My Fire Touch* Dashboard that visualizes our RMS response time data into an impressive, easily readable format. Did you know that these charts are updated every 4 minutes and can be accessed on a mobile device? Way to go, Vince!



Chief Oliver has implemented a new "open door policy"! Stop by his office anytime.



PROMOTIONS

MARCH 13, 2017
BOARD MEETING

At Monday's Board Meeting, we had the pleasure of celebrating three (3) promotions with families of Division Chief Danskin, Battalion Chief Platz, and Captain Christian.





Thank you PM Bresnan for capturing these moments!

Pictured Below (left to right):
Fire Chief Scott Weninger, Captain Jay Christian, Division Chief Brian Danskin, Battalion Chief Greg Platz, and Deputy Chief John Oliver.



PRESS RELEASE

MAY 16, 2017

“Barn Fire Under Investigation”

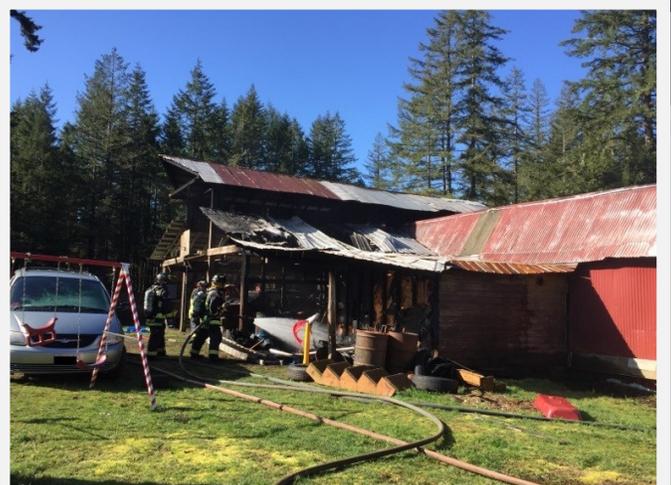
On Thursday, March 16, 2017, at 9:26 am, Central Kitsap Fire and Rescue received a call in reference to a structure fire located in the 19000 block of NW Hite Center Road, Bremerton.

Upon arrival, firefighters observed smoke and flames coming from a barn. The structure was 50% involved. It took crews approximately 10 minutes to get the fire under control.

There were no injuries to humans or animals.

The fire is now under investigation by the Kitsap County Fire Marshal's Office.

~ As we move towards warmer weather, don't forget to vacuum your smoke alarms while spring cleaning. Making sure they're free of dust will help prevent false alarms and keep them in top working condition.



Central Kitsap Fire & Rescue may get new commissioner on March 21

The finalists: Al Duke, retired Bremerton fire chief; Dr. Guy H. Earle, a family medicine practitioner; and Ron Perkerewicz, a home inspector and former director of community development for Kitsap County.

[RICHARD WALKER](#)

• Wed Mar 15th, 2017 5:34pm

SILVERDALE — [Central Kitsap Fire & Rescue](#) commissioners expect to appoint a board member March 21 to the position vacated by Dave Fergus, an architect who resigned on Dec. 31 after 10 years of service.

The three board-selected finalists are Al Duke, retired Bremerton fire chief; Dr. Guy H. Earle, a family medicine practitioner; and Ron Perkerewicz, a home inspector and former director of community development for Kitsap County. Department executive assistant Serena Miller said the number of applications received was not available.

The board will meet at 6:30 p.m. in the district's administrative building, 5300 NW Newberry Hill Road, Silverdale. Commissioners will interview the candidates in open session for about 90 minutes, followed by an executive/closed session to discuss qualifications of the candidates. The board will nominate and vote on the appointment in open session.

The new commissioner will join Nate Andrews, Ken Erickson, Bob Muhleman and R.E. "Dick" West on the commission. Muhleman, West and the appointee's positions will be on the general ballot Nov. 7.

Commissioners meet at 4 p.m. the second and fourth Monday of every month. According to the 2017 budget available on the district website, commissioners oversee a budget of \$20.5 million in revenue — \$16.4 million of which is derived from three property tax levies and two excise taxes — and \$19.4 million in expenses.

Commissioners are each elected to six-year terms. Commissioners are each paid \$114 per day of work, but they cannot be paid more than \$10,944 per year.

The fire department's jurisdiction is 115 square miles and includes urban and rural areas. It has personnel and equipment at:

CKFR Administration Building, 5300 NW Newberry Hill Road, Silverdale.

Station 41 (Meadowdale), 7600 Old Military Road NE, Bremerton.

Station 42 (Island Lake), 14061 Central Valley Road NE, Poulsbo.

Station 45 (North Perry), 3725 Trenton Ave. NE, Bremerton.

Station 51 (Silverdale), 10955 Silverdale Way NW, Silverdale.

Station 52 (Olympic View), 15393 Olympic View Road NW, Silverdale.

Station 53 (Seabeck), 15543 Seabeck Highway NW, Seabeck.

Station 54 (Hintzville), 18237 NW Hintzville Road, Bremerton.

Station 55 (Lake Tahuyeh), 314 Kingsway NW, Bremerton.

Station 56 (Seabeck/Nicholas), 6470 Seabeck Highway NW, Bremerton.

Station 64 (Chico), 4065 Chico Way, Bremerton.

The department has 107 career staff members, department spokeswoman Ileana LiMarzi reported. Of that number, 86 are line personnel (including battalion chiefs, captains, lieutenants, paramedics, apparatus operators, and firefighters — all of which are EMTs). There are 20 paramedics.

Richard Walker is managing editor of Kitsap News Group. Contact him at rwalker@soundpublishing.com.

The logo for Kitsap Daily News, featuring the word "KITSAP" in small capital letters above the words "Daily News" in a larger, bold, green font.



What's going on in the Shop?

An update from Paul Anderson



Jeff built and installed new hose bed dividers on three (3) of the Impel engines. He did a great job constructing these units and will continue installing them in our career apparatus!



With the advancement in lighting, the Shop installed a set of LED headlights on E56 and on M41. Please let the Shop know how they work so we can determine if the upgrade is effective!

ANNOUNCEMENT OF NEW HIRES

Good Afternoon—I am pleased to announce the hiring of two new FF/EMT's effective with April 24, 2017, Ivan Semerenko and Tyler Horner. They will be joining our team on April 24, 2017 and be sworn in that evening at a Board of Commissioner's meeting. Please welcome them warmly to our team and join us for their swearing in ceremony if possible.

Eileen A. McSherry

Human Resources Manager

The Most Powerful Leadership Tool You Have: Your Own Example

By John Hall—March 5, 2017

CONTRIBUTOR FOR FORBES > ENTREPRENEURS

Leadership is tricky. It's more than the title you hold within your company or how many people you manage, but how far does its definition reach? What is leadership? What makes a leader, and how do you improve your own ability to lead?

Plenty of definitions exist explaining what a leader is, and we have the entire history of human civilization to look to for examples of different kinds of leaders and the traits they shared. And you could study each of these examples to come to your own conclusions about what leadership truly is — but if you did that, you'd probably never have any time to lead.

So what I've done is ask around and listen in on social media conversations to see what people today think of leadership. A popular quote I've heard from others in my space is "The best leadership tool you have is your own example." It got me thinking about the power of personal examples and how you can set the tone for your company through your own example.

If you're careless in your relationships and interactions with people, your example isn't going to be one that anyone wants to imitate. Instead, leading by example requires you to be self-aware and work toward setting an example that your team members (and even your peers or competitors) are excited to follow.

Your own example is the most powerful leadership tool you have. If you want to strengthen that tool, here are five things you can do:

1. Get in the trenches (without getting trapped in the weeds).

As a kid, one of my favorite business stories was hearing about Sam Walton putting on an apron and packing groceries so he could help his employees and show them he'd been in their shoes. (And, by all accounts, he was a hell of a grocery packer.) As weird as it might seem that I was into business stories as a young kid, it's something that's stayed with me all this time.

When you, as a leader, step into someone else's role, two really important things happen: You actually get better at your own job because you remember what it's like to be in the trenches, and you show your employees that you get (and care about) what they do for the company. I'm not encouraging leaders to get trapped in the weeds, but when you see an opportunity to humanize yourself as someone who isn't above certain tasks, take it.

2. Eliminate superiority barriers.

When I was a 20-year-old intern, the executives I worked with always got the first pick of everything and left the scraps for the rest of us. It was never inspiring; honestly, it was kind of demoralizing.

So when my co-founder and I started Influence & Co., we wanted to avoid those barriers that come up between senior leaders and company employees. At our offices' desk drafts to choose new desks, we've picked from the remaining desks, not the other way around — or, worse, stayed tucked away in private, unwelcoming offices. Breaking down those barriers was one way of showing the whole team that everyone is valued and included, not just high-level execs or senior leaders.

3. Forget your insecurities.

It's natural to want to please people around you, make them happy, and get them to like you. Even the coolest, most "I don't care if anyone likes me"-leaning leader will admit (privately, maybe) that it does bother him a little bit when someone on his team doesn't like him.

Being a good leader doesn't necessarily lead to basking in endless popularity. Even if your example is a great one and your company is a huge success, there will always be someone who just doesn't like you that much — and that's fine. You have to let go of that insecurity and ask yourself, "Are my actions and decisions determined by what's best for this company?" If the answer is "yes," don't get too hung up on being liked by everyone.

4. Challenge yourself and those around you to become better.

Leading by example doesn't automatically mean everything you do is right. The biggest wins your company ever sees will sometimes come from your teammates looking around at how they've been led and what decisions were reached and offering their own input to help shape things next time.

You have to be willing to grade yourself and invite others into that feedback process to become a better leader and set the best example. Your culture should be one that challenges everyone to think about what's best for the company, not one that limits them to only thinking the way you do. That's how you prevent innovation. Your example could be great, but you have to remain open to other ideas and challenge your team to always do better.

5. Prove the impossible is possible.

Consistently raising the bar, innovating your company, and knocking your goals out of the park over and over again is challenging on its own — and it's even harder when your employees have no examples to look to from their own leadership team. You just can't expect that from your employees without giving them an example for guidance.

To encourage your team to try new things and achieve big goals, you need to take on those seemingly impossible challenges yourself, too. Show others how to think outside the box by doing so yourself. Taking on those challenges (and achieving what you set out to) shows your team that hard work pays off and innovation is valued.

Whether you're an experienced leader, someone new to the responsibility, or just remembering leaders from previous companies, I'm sure you can relate to these stories. You already know how important a leader's personal example is to her company's success and her employees' engagement. Give these tactics a try, and improve your example — for your company, your team, and yourself.

John Hall is the CEO of [Influence & Co.](#), a keynote speaker, and the author of "[Top of Mind](#)." You can book John to speak [here](#).