

# CK Weekly

ISSUE: 03/03/2017

CENTRAL KITSAP FIRE & RESCUE

On Tuesday (2/28) CKFR crews, Navy Region Northwest, and Bremerton Fire responded to a structure fire on NW Glade Court in Bremerton.





## PRESS RELEASE—"Family Displaced By Fire"

Tuesday, February 28, 2017

Today, February 28, 2017, at approximately 4:20 pm, Central Kitsap Fire and Rescue received a call in reference to a structure fire on NW Glade Court, Bremerton.

Upon arrival crews observed heavy fire and smoke coming from the backside of the single family home. The call was quickly upgraded to a second alarm fire. The fire had traveled from the back of the house into the attic.

Firefighters didn't have information on the whereabouts of the homeowners so a primary and secondary search were conducted.

While crews were inside there was a partial collapse of the attic. Firefighters were immediately moved to the exterior and there were no injuries to the fire crews.

The female homeowner was located safely in her vehicle a short distance away with her three young children and three dogs. Her husband was at work at the time. She stated she was in her bedroom when the smoke alarms went off. She ran into the main area of the home and saw the fire. She quickly grabbed her kids, got outside, and called 911. She then returned to the residence to retrieve the dogs. There were no injuries to the occupants and Red Cross has been called to assist them.

Navy Region Northwest and Bremerton Fire also responded to the call. The County Fire Marshal is on scene and will investigate the cause of the fire.

\* Working smoke alarms SAVE LIVES. Test your smoke alarms monthly and replace the batteries twice a year.



We'd like to give a **HUGE** shout out  
to the Volunteer Association for  
their donation to the Awards  
Banquet! Thank you for your  
generosity for this wonderful event!

We are still collecting donations. Contact EA Miller  
if you have any questions or would like to donate!

# CKFR

## *Annual Awards Night*

### Award Categories

Career Firefighter of the Year

Volunteer Member of the Year

Support Staff Member of the Year

Most Inspirational Leader

### Service Pins

For members who have been  
with the District for  
5, 10, 15, 20, 25, 30, or 40 years!

### SAVE THE DATE

*April 19, 2017*

**5:00 PM at Station 41**

The Nominations Survey is open! Please nominate one member for each award category and provide a brief narrative on what makes that person a great candidate!



### UPCOMING EVENTS

**Mon. Mar 13** BOC Regular Meeting, Admin Building (4 PM)  
**Promotions for Division Chief and Battalion Chief!**

**Fri. Mar 17** Saint Patrick's Day

**Fri. Mar 17** Benevolent Fund Fundraiser, Cloverleaf Sports Bar & Grill

**Mon. Mar 27** BOC Study Session, Admin Building (4 PM)

**Mon. Apr 10** BOC Regular Meeting, Admin Building (4 PM)

**Wed. Apr 19** CKFR Annual Awards Night, Station 41 (5 PM)

# HR CORNER

Thursday, 3/2/17

Hi Everyone,

It has been brought to our attention our disability insurance company, **Reliance**, has been overcharging us for our premiums due to a clerical error. **I will be refunding everyone for their January – March premiums on the March payroll.** These refunds will range between \$15 - \$30 (the refund is based on your salary).

Please do not hesitate to contact me if you have any questions. ☺

*Tammy Sergeant*

Human Resources Analyst

## ATTENTION: MY CARE CARD USERS



If your My Care Card becomes suspended, it's likely because you did not submit sufficient supporting documentation for My Care Card transactions, and these transactions are now more than 120 days old. Although transaction(s) can be approved for payment at the point of sale, without the proper documentation, they are unable to confirm that the charges were qualified medical care expenses.

If you need your card reactivated, then you have two options—you can send in supporting documentation for the transactions or repay your HRA account.

The types of documents listed below usually have the information needed to verify that your transaction was for a qualified medical expense, as required by IRS regulations. Please note that the IRS requires more than just your My Care Card transaction or cash register receipt.

- Explanation of benefits (EOB) from your insurance company;
- Itemized statement or other written confirmation from your merchant, doctor, or other service provider;
- Stub or “bag tag” from a prescription (not the cash register receipt); or
- Detailed receipt and prescription for over-the-counter (OTC) medicines.

For more details, go to [hraveba.org](http://hraveba.org) and click the My Care Card Info button. If you'd like to request a My Care Card, you can do so by logging into your HRA Veba account or by calling 1-888-659-8828



## Thank you, Alex!

At Monday night's Board Study Session, Chief Weninger presented Alex Olson with a Certificate of Recognition and a Chief's Coin for his outstanding leadership through the Admin Remodel. The project is very close to completion and Staff have moved into the new offices. Also, a huge thanks to Roger Short and Pat Busby who have worked very hard to make this remodel happen! CKFR is fortunate to have a dependable Facilities Staff.

## WEEKLY QUOTE

*“Great leadership usually starts with a willing heart, a positive attitude, and a desire to make a difference.”*

Mac Anderson

## L-Ayyyy!

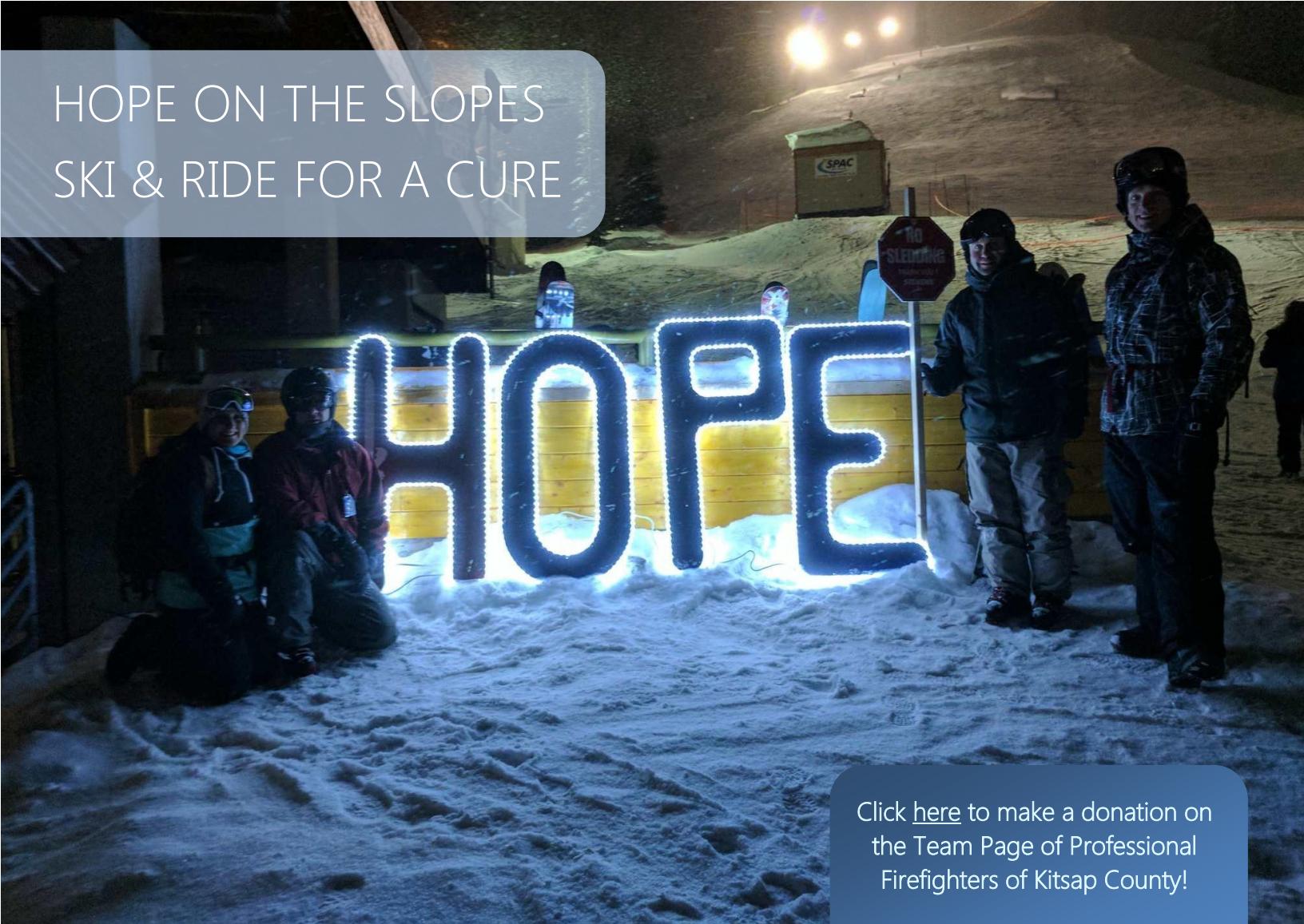
Chief Sorenson attended the first LAFD Leadership Academy reunion in Los Angeles last week. Over 800 students have gone through the program from around the country. CKFR was mentioned specifically as an agency who was using the information learned to improve, which is very cool that we are on Los Angeles Fire Department's radar! Currently AO Ryan Crosby is attending and Lt. Madison, AO Putnam, and FF/PM McCracken are planning to attend the spring class.



While in LA, Chief Sorenson met Henry Winkler (better known as *The Fonz*) who was a keynote speaker at the event.

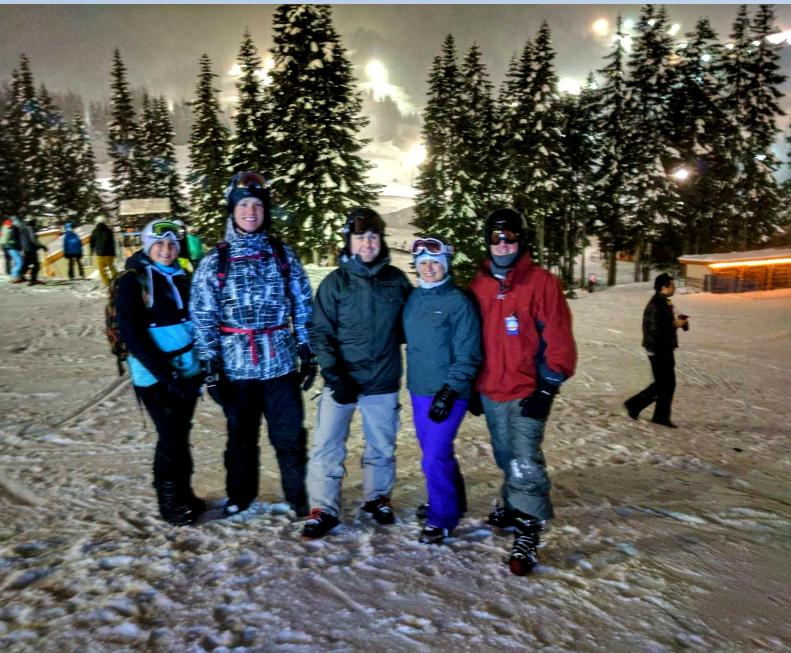
# HOPE ON THE SLOPES

## SKI & RIDE FOR A CURE



Click [here](#) to make a donation on the Team Page of Professional Firefighters of Kitsap County!

Last weekend, Resident FF Caitlyn Dickey, PM Elliott Bresnan, AO Jason Reed, PM Josh Cooper (Team Captain) and his wife, Jenn Cooper participated in "Hope on the Slopes" at Stevens Pass. This is a fundraiser for the American Cancer Society where you snowboard/ski a minimum 2 runs per hour for 24 hours and is done as a team so that people can rotate! The Stevens Pass event's total fundraising goal was \$70,000 and they exceeded that! Way to go!



# Station 51 Tour

PIO LiMarzi, AO Crosby, and PFF Stanley toured a class from Klahowya Secondary School around Station 51, showing them the station, the rigs, and provided a bunker gear demo!

The teachers thought AO Crosby did a great job explaining and interacting with the students.



# The Most Fundamental Quality A Good Coach Needs

By Victor Lipman

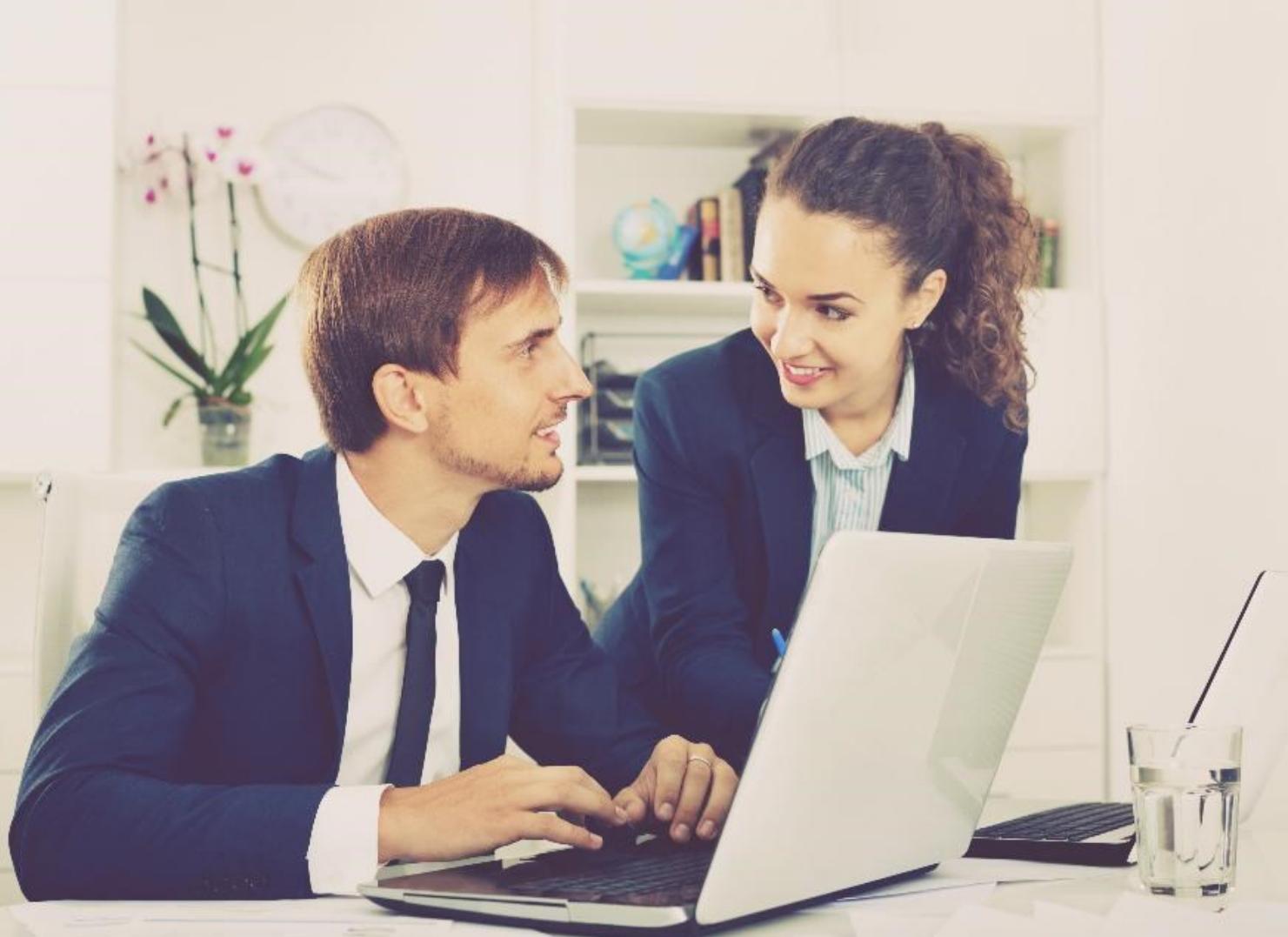
First of all, I want to be clear I'm not talking here about coaching, say, in the NFL or the NBA, which is a whole different ballgame, so to speak, but in the business world.

Though there are similarities, athletic coaches have a different inspirational skillset. Operating in a more controlled business environment, management coaches have to, understandably, turn down the volume a bit.

But whether they're working from inside an organization (in direct management or as a mentor) or from the outside (as an executive coach), there's one fundamental quality good business coaches share.

They're good listeners.

And not just people who listen casually, without paying attention and impatiently waiting to speak, but who listen hard. Carefully. Thoughtfully.



**What do you think?** Though listening is about as integral to effective management as oxygen is to breathing, there's relatively little research on the topic; it's not something often rigorously studied.

One of my favorite articles on the subject is the Harvard Business Review piece, "Listening is an Overlooked Leadership Tool," by Melissa Daimler. She makes the point that four critical words for management are simply, "What do you think?" I couldn't agree more.

"It can be a powerful technique, especially if there is no single right answer," Daimler writes, "a situation that will be familiar to anyone doing leading-edge work. But it only works in an organization that values listening."

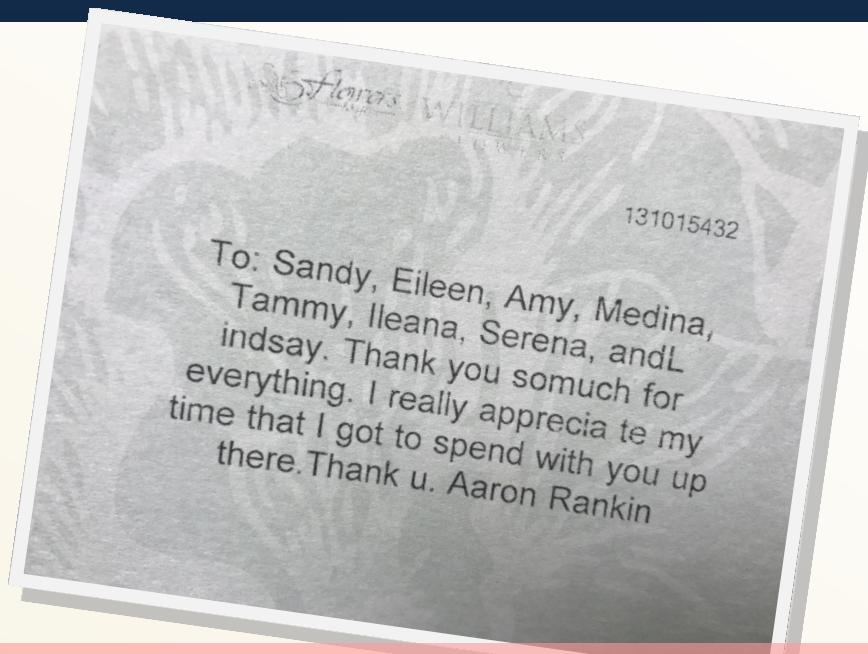
Thoughtful listening, where one is closely focused on what the other person is saying (rather than appearing to listen but actually spending most of your energy thinking about what you yourself are poised to say) is a critical coaching tool. Coaches of all types address business problems where the paths to travel aren't immediately obvious. They have to be comfortable with ambiguity; if it were immediately clear where one needed to go, no coaching would be needed.

Good coaches, whether on the inside or the outside of an organization, invariably are good listeners. They have to be. My own simple summary is that there are "4 p's to effective coaching": process (it needs to be a well-organized professional endeavor), perceptions (opinions of others are always vital), perceptiveness (insights find patterns in random data), and progress (without positive results why are we doing it?).

But without careful listening as a basic building block, coaching success often proves elusive. You may well not get to where the real issues are - when answers are hidden in the minds and perceptions of others. Listening is a key to unlock the door.

Thoughts? Always interested to hear readers' perspectives on management issues...

Article at: <https://www.forbes.com/sites/victorlipman/2017/02/19/the-most-fundamental-quality-a-good-coach-needs/#71e5f14399e1>



***Thanks for the flowers, Rankin!***