



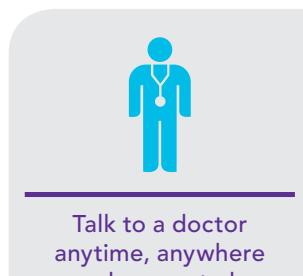
#### Steps for Registering:

1. Create an account online at [Teladoc.com](http://Teladoc.com).
2. Select "No" when asked for a Teladoc ID
3. Enter "**Washington Fire Commissioners Association**" as the insurance provider

Contact HR with any questions/concerns!

## So many reasons to use Teladoc®!

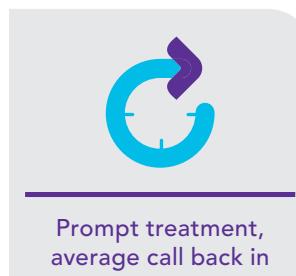
Teladoc gives you 24/7/365 access to a doctor through the convenience of phone or video consults. It's an affordable option for quality medical care.



Talk to a doctor anytime, anywhere you happen to be



Receive quality care via phone or online video



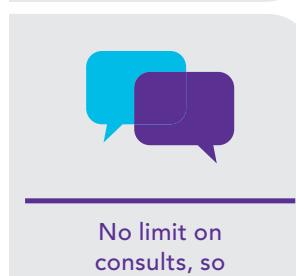
Prompt treatment, average call back in 16 min



A network of doctors that can treat children of any age



Secure, personal and portable electronic health record (EHR)



No limit on consults, so take your time

#### WHEN CAN I USE TELADOC?

- When you need care now
- If your doctor is unavailable
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills

#### GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Skin problems
- Respiratory infection
- Sinus problems
- And more!

#### SHARE WITH YOUR PCP

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

## Talk to a doctor anytime - \$0 consult fee

[Teladoc.com](http://Teladoc.com)

[Facebook.com/Teladoc](http://Facebook.com/Teladoc)

**1-800-Teladoc (835-2362)**

[Teladoc.com/mobile](http://Teladoc.com/mobile)